



## Seen Any of These Faces?

We hope so, as these are among the newest family members to join the ranks of Tikvat Israel. You can learn their identities in our story about them on page 5.



## Inside This Issue ...

- **Jewish bluegrass show.** A pair of stalwart TI members will be the honorees at the cantor's concert in March. Read about the band Nefesh Mountain on **page 2**.
- **Revving up adult education.** Rabbi Israel lays out a series of upcoming learning opportunities in his column on **page 3**.
- **Halfway home.** The heavy hitters have weighed in generously to support the \$600,000 capital campaign, but now it's time for wider participation. See the status report on **page 6**.
- **The return of Saturday night cinema.** A pair of Israeli-produced films from 2021 and 2022 will be shown in the sanctuary this winter. Movie titles, dates and times appear on **page 7**.
- **A mystery figure she in not.** Auntie A may be unfamiliar to most TI members, but she's capturing the minds and hearts of young children and their parents. Read about her on **page 15**.

## WEEKLY RELIGIOUS SERVICES

Monday	8:00 a.m.	7:30 p.m.
Tuesday	8:00 a.m.	7:30 p.m.
Wednesday	8:00 a.m.	7:30 p.m.
Thursday	8:00 a.m.	7:30 p.m.
Friday	8:00 a.m.	
<i>Kabbalat Shabbat</i>		
<i>Shabbat</i>		6:00 p.m.
<i>Shabbat</i>	10:00 a.m.	
Sunday	9:00 a.m.	7:30 p.m.

Note: Several services are now in person (*Kabbalat Shabbat*, *Shabbat* morning and Sunday morning *minyan*). All services continue online. Additional in-person services will be announced in *B'kesher*.

## CANDLELIGHTING TIMES

January 6	4:43 p.m.
January 13	4:43 p.m.
January 20	4:49 p.m.
January 27	5:05 p.m.
February 3	5:13 p.m.
February 10	5:21 p.m.
February 17	5:29 p.m.
February 24	5:37 p.m.

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## 'Newgrass' Band with Jewish Heritage Set for TI Cantor's Concert in March



The Nefesh Mountain band creators Doni Zasloff and Eric Lindberg

site describes Nefesh Mountain as "the place where American bluegrass and old-time music meet with Jewish heritage and tradition."

The five-musician touring outfit, which played concert dates in nine states in December, calls itself "a newgrass band with influences from bluegrass, old-time, Celtic and jazz."

The event also will be a homecoming of sorts for Doni Zasloff, one of the band's co-creators. Her family, consisting of parents Michael and Barbara Zasloff plus her sisters, were members of Beth Tikva, and she celebrated her *bat mitzvah* here in 1987 with Jim Perlmutter serving as her tutor.

More details about concert tickets and sponsorships will be forthcoming.

The jewel of the spring events schedule at Tikvat Israel will be the annual Cantor's Concert. It will take place in the social hall on March 19.

The concert will honor the revered wife-husband tandem of Shirley Waxman and Joel Bressler, longtime congregants, in an appropriately off-beat fashion — the music of the Jewish bluegrass band Nefesh Mountain. The musical group's web-

## Shul Shorts

### Inclusion *Shabbat*



Sabrina Sojourner

Tikvat Israel will observe Inclusion *Shabbat* on Feb 11. The guest speaker will be Sabrina Sojourner, who is African American and a Jew by choice. Sojourner serves as *shaliakh tzibur* and community chaplain and is the spiritual leader for Revitz House in Rockville, where she conducts religious services and teaches on a variety of topics. In 2018, she launched Training the Heart to Listen, a conversational approach to diversity, equity and inclusion.

### Purim Packages

With *Purim* arriving on March 7, the Women's Network will be selling *mishloach manot* packages again this year. Watch *B'kesher* for the details.



### Kabbalat *Shabbat* with Instruments

The next KS with I is scheduled for May 5. It will be held in person in the social hall and will be broadcast through livestreaming. This spirited service, led by Cantor Rochelle Helzner, includes uplifting melodies that are both traditional and modern.

### Celebrating Life in Cancer Battles

Tikvat Israel congregants will honor cancer patients, caregivers, cancer survivors and their family members at a special *Shabbat* morning service sometime this spring. The event will be called "A Celebration of Life," and a special *kiddush* will take place after services. Congregant Michele Eisenberg, who passed away on Oct. 5 following a long fight against pancreatic cancer, was the original organizer of this event. Congregants will be encouraged to invite friends and family members who have been supportive during the fight against cancer.

## RABBI'S CORNER

# You Talk, We Listen: Adult Education at Tikvat Israel

BY RABBI MARC D. ISRAEL



I am excited to announce a new array of adult learning opportunities at Tikvat Israel.

Surveys and focus groups held over the past few years and this fall found a wide range of views on what type of adult education Tikvat Israel should offer. Shocking that a group of Jews wouldn't all think alike! Even with this diversity of opinions,

several themes came shining through:

- We need a wide range of programming and activities to meet our members' diverse interests and schedules.
- In-person events must have food appropriate for the time of day. Food not only nourishes the body, it provides a context that facilitates socializing.
- Classes that run for a set period of weeks and include discussion are most desirable. This both creates a more in-depth learning environment and allows people with similar interests to get to know one another, while still feeling manageable.
- Topics should be chosen by speaking and listening to the target demographic.

Looking more specifically, we found:

- On *Shabbat* during/after *kiddush* (in-person), and weekday evenings after 8 (via Zoom) are the best times for most age groups. For our retirees, weekday mornings are also a good time.
- Strong interest exists in Torah study or discussion groups.
- Many people desire to learn the history and meaning of the prayers in the *siddur*.
- Interest exists in how we apply traditional Jewish thought to contemporary topics and issues of social action.

Taking all of this into consideration, I am pleased to share the following new study opportunities:

- ***Sh'ma Koleinu (Hear Our Voices): Inclusive Language and the Siddur***, led by Rabbi Marc Israel, at 8 p.m. on five Wednesdays (Jan. 18 and 25, Feb. 8, 15, 22) on Zoom following *minyan*.

While many prayers in our *siddur* date back to the time of the *Mishnah* (200 CE), there have been subtle – and not so subtle – changes to the precise wording over the years. During these sessions, we will learn how previous generations have adapted the language of the *siddur* in the past and discuss the challenges of balancing our reverence for tradition with our desire for the *siddur* to speak in *all* of our voices. During this course, we will examine and explain Tikvat Israel's current practices. Participants will be encouraged to raise issues for us to consider in the future.

- ***Pirkei Avot: Applying Ancient Wisdom to Our Current Lives***, at 11 a.m. on Thursdays at Leisure World (dates and exact locations TBD).

In Pennsylvania's election campaign for governor this year, Josh Shapiro quoted a passage from *Pirkei Avot* in every campaign speech. He quoted Rabbi Tarfon who taught "You are not obligated to complete the work, but neither are you free to desist from it." (*Pirkei Avot* 2:16) His is just one example of how the teachings of our ancestors (a literal translation of the words *Pirkei Avot*) continues to influence our daily lives nearly 2,000 years after they were compiled. Each week we will study a few passages to better understand what they meant in the time they were written and how they apply to our lives today.

- ***Shabbat Morning Torah Study***, offered twice monthly, beginning Jan 14, led by Cliff Fishman, and Jan. 28, led by Rabbi Alana Suskin. One session each month will be led by a rabbi and one by a layperson, during or immediately following a *kiddush* lunch.

The daily blessing for *Torah* study says we are commanded to "busy ourselves" in the words of *Torah*. We don't just read its words – we examine them, grapple with them, find meaning within them. Led on alternating sessions by a lay person and by one of the rabbis in our congregation, these sessions will focus on group discussion and participation. *Torah* study is not a spectator sport – we busy ourselves with it. To ensure we have a substantial *kiddush* lunch each time, please let us know if you are interested in sponsoring one. To allow parents of young children to participate, we will provide teen babysitters as needed.

And this is just the beginning! We promised at the outset of the process that our strategic plan would not be just a piece of paper sitting on a shelf, but would be a roadmap that we would follow as we move forward. Having more opportunities to study at times that are most convenient is one step toward realizing that vision. I hope you will join us, and if there are other topics and times that you would like to see included, please let me know.

## RABBI AND IMAN DISCUSS ISRAEL

Rabbi Israel encourages congregants to tune in to a discussion with Imam Abdullah Antepli of Duke University and Rabbi Jeffrey K. Salkin of West Palm Beach, Fla., about the complex issues of Israel, Palestine, Zionism and the role of religion in America.

The program, "The Elephants in the Room: Israel, Palestine, Zionism, and the Role of Religion in America – Can We Talk About Them? We Can, and We Do" starts at 7 p.m. EST on Sunday, Jan. 29. TI is a program co-sponsor.

Register for the Zoom program at [bit.ly/rabbiiman2023](https://bit.ly/rabbiiman2023).



# PRESIDENT'S CORNER

## Communications

BY WARREN BERGER, TIKVAT ISRAEL PRESIDENT



One of the fears that synagogue presidents have is that they will be bombarded constantly with complaints from members. Fortunately, things are running mostly smoothly here, and I think Tikvat Israel is different from most other places. Yes, congregants send me e-mails or pull me aside to talk at *Shabbat* services, but in almost all cases, these communications are about real issues and they are conveyed to me in a civil way. Even criticisms come with apologies, such as “I don’t normally complain about <some topic> but I thought you should know that ...”

Please keep the comments coming! The leadership of TI and the staff want to know about it when things aren’t happening in the way you expect them to. We want to resolve your issues and not frustrate you more and more to the point of considering leaving. We can’t fulfill our mission—to engage, embrace, inspire and empower our Jewish community—if we don’t have smooth operations. Our members and staff need to have tools (such as our website, ShulCloud and electronic forms) that help rather than hinder the dissemination of information, the signup for events, the payment of bills or the contribution of ad hoc donations. And we certainly can’t fix something that’s broken if we don’t know about it!

Communications go both ways. We are trying to improve our communications *from* TI to give just the right amount of information in weekly e-mails. I think Aaron Chusid and Susan Davis of the office staff have done a great job with the content and look of *B’Keshet* and the *Shabbat* Sheet—though of course some may want more information (we may have gone a little too far in our streamlining). It’s a tradeoff between being short and succinct and overwhelming members with too much information such that they won’t read it at all or can’t find what they are looking for.

The next step to improving communications is to redesign our website. We plan to do a complete reexamination of the information we want to provide, how it should be displayed, what should be on the first page, etc. If you have graphics design, content development, application testing or other experience in this area, please contact Aaron. Note that one improvement already addressed is the replacement of the old custom-built event calendar with one that is more functional and familiar to many of us since it is (behind the scenes) a Google calendar. Try it out!

I would be remiss if I didn’t mention the excellent job that Jay Goldman and his Strategic Communications team have done for many, many years on the bi-monthly *Bulletin*. Besides the important information about upcoming events (even those months away), the “public/synagogue interest” articles are always informative, and I especially look forward to the feature stories introducing us to new member families (see page 5). I like to do my homework so I know a little about them before I meet and talk to them at services or an event (now you know my secret).

Thank you to Jay, Betty Fishman, Melissa Apter, Ellen Eisner and Amy Matathias.

As you may know, our Strategic Plan contained many action items for Year One involving Communications (see the plan’s consolidated list in Appendix F). Based on your suggestions and feedback (hint, hint), we will continue to work on improving our communications to better inform and engage each of you. Please do not hesitate to continue contacting me when we—the board, clergy or staff—do not live up to the high standards that we set for ourselves and which our members deserve.

I hope you all have a happy and healthy 2023!

## Next TI Blood Drive Set for Feb. 1



**Rodney Matheson waited his turn to donate during the November blood collection event in the synagogue’s social hall.**

The American Red Cross blood drive at Tikvat Israel in November yielded 28 units of blood; just short of 50 percent came from TI members.

The TI volunteers were Elyse and Jeff Bernstein, Keith Brooks, Stu Turkewitz and Robbi Cohen.

The next blood drive is scheduled in Tikvat Israel’s social hall from 10 a.m. to 3:30 p.m. on Wednesday, Feb. 1. Sign up on the agency’s registration site: <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=TikvatIsraelRockville>.

If you have questions in advance, contact coordinator Robbi Cohen at [peezer200@yahoo.com](mailto:peezer200@yahoo.com).

# Congregation Welcomes New Members in Recent Months

BY JAY P. GOLDMAN, *TIKVAT ISRAEL BULLETIN* EDITOR

Tikvat Israel is pleased to announce that several families have joined the congregation during the fall months.

Five new member units were asked by the *Bulletin* editor to provide some biographical details and family photos.

Congregants are encouraged to introduce themselves to these newcomers during in-person encounters at Tikvat Israel in the coming months.

Families provided the following information.

## Becky Eisenberg



**Becky Eisenberg with daughters Lenna and Faith**

**Other family members:** Daughters Lenna, 2, and Faith, 3½ (both of whom are enrolled in the ECC).

**Occupational life:** Becky is a patent examiner with expertise in the field of medical devices.

**Residence:** Aspen Hill. Becky moved here from Chicago, via Northern Virginia and D.C.

**Why affiliate with TI:** “Tikvat Israel reminded me of the synagogue that I grew up in,”

Becky said. “When I heard that there was a special rate for members of the ECC, I jumped at the opportunity to join. The community is very welcoming, and I love the Tot *Shabbats* with Auntie A. The rabbi has been extremely personable, and his wife is lovely.”

**First impressions of our synagogue:** “That you try to be as inclusive and non-judgmental as possible. You want to attract a younger population and are going out of the way to facilitate that. We very much appreciate it,” Becky said.

## Emily and Harris Trobman



**Emily and Harris Trobman with son Liam**

**Other family members:** Son Liam, 3 (who is enrolled in the ECC).

**Occupational life:** Harris is lead program manager for horticulture and gardening programs with the Montgomery County Public Schools, and Emily is a special education resource teacher with the Prince George's County Public Schools.

**Residence:** Rockville. Harris moved from Philadelphia, and Emily hails from Reading, Pa.

**Why affiliate with TI:** “We were initially looking for a preschool for Liam and loved Tikvat Israel ECC right from the start,” said Emily. “Then, we decided to become members of Tikvat Israel because of its small size and large sense of community. Everyone is very welcoming. It is also close to our house, which makes for quick travels.”

**First impressions of our synagogue:** “The members are very welcoming and open to new people. We felt comfortable from the very beginning and have blended well into the community of Tikvat Israel,” Emily said.

## Nicole and Nicholas Glover



**Nicole and Nicholas Glover with daughter Cassandra**

**Other family member:** Cassandra, 2½ (enrolled in the ECC).

**Occupational life:** Nicole is a middle school history teacher and coordinator of accelerated and enrichment instruction. Nick is a principal software engineer and developer.

**Residence:** Rockville. Nicole

is originally from Potomac and Nick is from Gaithersburg by way of Aiken, S.C.

**Why affiliate with TI:** “Cassie has had such a wonderful experience in the ECC, and we wanted to be part of the community helping to raise and nurture our daughter's Jewish identity,” Nicole said.

**First impressions of our synagogue:** “Very welcoming. Everyone has been so lovely,” Nicole said.

## Laurie and Joel Dorfman



**Laurie and Joel Dorfman**

**Other family members:** Adult children William and Daniel.

**Occupational life:** Laurie is a preschool teacher at Tikvat Israel. Joel is a senior budget analyst at the Nuclear Regulatory Commission.

**Residence:** Potomac. Both grew up in Montgomery County.

**Why affiliate with TI:** As a preschool teacher at the shul, Laurie has become friends with the staff and some of the members. Also, as a child, Laurie's family were members of Beth Tikva, where Laurie had her baby naming by Rabbi Vida.

**First impressions of our synagogue:** “Everyone has been very warm and welcoming,” Laurie said.

In addition, **Matthew Mintz** has become a new TI member. As a youth, he was part of a family that belonged to the synagogue about a decade ago. He plans to start his collegiate studies this spring at Towson University after taking a gap year to gain work experience.

# Capital Campaign Launches With Nearly \$270,000 in Pledges

BY HOWARD WILCHINS AND CAROL CHELEMER, CAPITAL CAMPAIGN CO-CHAIRS

The first phase of Tikvat Israel's Capital Campaign has successfully launched with nearly \$270,000 in early commitments from more than a dozen congregation families. This significant response in the opening stage represents more than a third of the campaign's ultimate goal of \$600,000 for repair, replacement and upgrading of our synagogue facilities.

The members who made these generous commitments recognize the importance of investing in the long overdue maintenance and improvement of our facilities. They also set an example for others in the congregation to participate in supporting this much-needed project.

The Capital Campaign was launched in September following a February 2022 report from an engineering consulting firm that identified major deficiencies in Tikvat Israel's building and mechanical systems. Some of these systems are between 40 and 60 years old. Among the areas needing critical repair or replacement are our heating and air conditioning systems, electrical wiring, roofing, windows and doors, and sidewalks. The need for some tree removal also was cited.

The estimated price tag for this work is expected to rise to \$600,000 by the time all aspects are completed.

As the next phase of the campaign begins, members will receive more information about the campaign's plans and financing and an opportunity to make their own pledges.

The campaign, co-chaired by Howard Wilchins and Carol Chelemer, is asking our families to make pledges at these levels:

Tzadek—\$36,000 and up; Visionary—\$18,000; Builder—\$12,000; Leader—\$6,000; Defender—\$3,000; or Advocate—\$1,800.

Pledges can be paid in three installments over a three-year period. However, earlier payment of the full amount would be especially helpful to allow completion of the work as soon as possible. All donations will be deposited in a separate campaign account to avoid co-mingling with other synagogue funds.

The Campaign Committee sincerely thanks those members who stepped up by Dec. 1 and made leadership commitments before the campaign officially launched. They have made three-year commitments totaling nearly \$270,000.

Our friends and neighbors have participated at these levels:

## **TZADEK**

Betty and Cliff Fishman  
Melanie Grishman  
Steve Raucher  
Sue and Howard Wilchins

## **VISIONARY**

Carol Chelemer  
Tami and Sam Gilston

## **BUILDER**

Susan and Alan Apter  
Bobbi and Larry Gorban

## **LEADER**

Debby Berlyne and Danny Bachman  
Elyse and Jeff Bernstein  
Brue Goldin  
Rebecca Salon and Jay Goldman  
Jerry Kaiz  
Roz and Ted Kram  
Jayme Sokolow

## **DEFENDER**

Arlene and Waren Berger  
Barry Lipsy  
Amy Sanders  
Sandra and Gene Sheskin

## **ADVOCATE**

Brenda and Keith Brooks  
Robin and Stuart Lempert

## Promoting Our Membership on Postcards



Postcard-size promotional messages are the latest tool being used in Tikvat Israel's membership recruitment efforts.

One of the cards — which offers a delivery of a freshly baked

*challah* to someone considering TI membership — resulted from collaboration between Melissa Apter, who spearheads the membership recruitment committee at the synagogue, and Executive Director Aaron Chusid.

"In brainstorming how to collect contact information when new folks come on *Shabbat* or *chagim*, he suggested free *challah*. We haven't had any takers yet, but the idea is that people like free food, so they'll be more likely to call the office and thus we can get contact information to follow up," Apter explained.

The second postcard was an ECC and Education Committee collaboration. The postcard went home with all the ECC families before the High Holidays to tout a deeply discounted membership rate for TI's ECC families: \$180 per adult in the household (or \$360 maximum) for as long as a family has a child enrolled in the ECC. After that age point, regular membership rates would apply.

"We have gained four additional ECC families under this price structure," Apter reported.

A small stack of the promotional cards is usually maintained on the table with other flyers outside the sanctuary doors. Copies of the cards can be requested from the office staff.





# Winter-into-Spring Programming Moves Full Speed Ahead

BY SALLY KRAM, TIKVAT ISRAEL VICE PRESIDENT FOR PROGRAMMING



As more of life returns to normal, Tikvat Israel will offer many of its popular winter programs in person in January, February and March with a few new twists. Once again, TI's Program Committee continues its focus on Jewish holidays while making room for some old favorites and some surprises.

## Holiday Programming

Piggybacking on a successful *Chanukkah* celebration, TI is planning a series of events to celebrate the next holiday on the calendar, *Tu B'Shevat*, the celebration of trees. Join the TI community on Friday, Feb. 3, for a *Tu B'Shevat*-themed dinner, part of TI's new quarterly *Shabbat* dinners ably prepared by Roz Kram and organized by Felicia Black. Check *B'kesher* for info on reserving a spot at the table.

Continuing the *Tu B'Shevat* celebration, TI will hold a "Walk in the Park" on Sunday, Feb. 5 (weather permitting). Take a brisk stroll in beautiful Rockville as part of the holiday's honoring of nature and the great outdoors.

As winter turns to spring, get ready for a festive *Purim* at TI. In keeping with the best TI tradition, the TI *Purim* Puppet Show, costume procession, *Megillah* reading and *Purim* shpiel will take place on Monday, March 6. More *Purim* surprises are also in the planning stage so make sure you take part in the fun.

Then *Pesach* will be just around the corner. This year, Tikvat Israel is offering its first-ever second-night seder. Details are still being finalized for the *seder* on April 6 in the social hall. If you are interested in helping to plan, cook, set up or otherwise support the *seder*, contact Sally Kram at [sallykram939@gmail.com](mailto:sallykram939@gmail.com).

## Second Night Seder Considered for TI Social Hall

Tikvat Israel volunteers and staff are planning a community-wide Passover *seder* on the second night. The *seder* would take place in the TI social hall on Thursday evening, April 6, from approximately 7 to 10 p.m.

This would be an opportunity to participate in a festive and meaningful *seder* with your Tikvat Israel community. Whether you come as an individual, a family unit or with friends, we hope you will consider attending.

Watch your e-mail and *B'kesher* issues for registration details, pricing and more.



Finally, responding to popular demand, TI will be presenting Torah study every other week after *Shabbat* services. Rabbis Alana Suskin and Morris Faierstein, as well as learned lay members of the TI congregation, will lead the bi-weekly discussions. The first two study sessions are scheduled for Jan. 14 at 1 p.m. and Jan. 28 at 12:30 p.m. Lunch or a fortified *kiddush* will be served as part of this free program, which is open to all.

## Cultural and Arts Programming

Winter and early spring have traditionally been the time that Tikvat Israel hosts its most popular programs. 2023 is no exception. Special events include:

- TI's annual Israeli Film Festival will feature some of Israel's finest recent films. (See story below with the details.)
- On Jan. 29, TI is participating in a virtual program being offered regionally called *The Imam and the Rabbi*. Zoom in at 7 p.m. for this fascinating lecture. (See page 3.)
- On Feb. 26, Tikvat Israel will offer its first in-person Tikvat Israel U in three years. Tikvat Israel U features congregants as instructors, who offer 20-minute TED-talk style presentations for an interactive learning experience. Congregants are invited to submit program ideas to Sally Kram at [sallykram939@gmail.com](mailto:sallykram939@gmail.com).
- The jewel of the crown this spring will be the annual Cantor's Concert. (See details on page 2.)

Come for the community and stay for the content at Tikvat Israel.

## ISRAELI FILMS SET FOR UPCOMING SHOWINGS

Two Israeli films will be screened at Tikvat Israel on consecutive Saturday evenings in January and February.

"All I Can Do," a drama, will be presented on Jan. 28, with "Plan A," a historical thriller, set for Feb. 4. Both viewings begin at 7:45 p.m. in the synagogue sanctuary. (If either film is pre-empted by foul weather, Feb. 11 serves as the backup date.)

"All I Can Do," produced in 2022, tells the story of a young prosecutor who takes over a sexual assault case, based on the sole testimony of Efrat, a rebellious yet fragile victim who lives with her wild female partner. The prosecutor Reut is reluctant, but as the trial progresses and Efrat collapses, Reut learns the true nature of strength, love and sisterhood. The film runs about 90 minutes.

"Plan A," produced in 2021, follows a group of Jewish Holocaust survivors in 1945 who planned to poison the water system in Germany. The film captures the dangerous and bold secret operation. Viewing time is one hour and 49 minutes.

Group discussion will follow each film with a dessert reception taking place in the social hall.

Attendees will be asked to make a voluntary contribution in place of tickets. The suggested donation is \$15.

Both films were produced during the COVID-19 pandemic, a challenging period for film makers in Israel.

# Progress on Five Fronts of Our Shul's Strategic Plan

BY BETH SMITH, STRATEGIC PLAN COORDINATOR

Tikvat Israel's far-reaching strategic plan, adopted at the congregational meeting last June 26, suggests five action items to be addressed in the first year. So what's happening by way of implementation on those plans?

- **Improve communications:** *B'Keshet* and the *Shabbat* sheets have a new, sleeker look. Our website is being worked on and now has current photos posted. The events calendar has been improved and continues to evolve. Members of the synagogue board of directors have been participating in trainings offered by USCJ.
- **Modernize the financial model:** We are in the midst of a Capital Campaign to raise funds for repairs to our aging building. To improve financial transparency, see the *Bulletin* article (page 12) about how our dues money is used. On the income side, we are renting space to maximize the use of our building and provide new sources of non-dues revenue streams. Also, a task force is looking at various types of dues structures and doing research before bringing a proposal forward.
- **Make Tikvat Israel accessible and attractive to young families/young professionals:** Plans are in the works for more child-friendly programs. Nametags are being made

for events to help new members become integrated. The Membership Coffee Klatch brought together a diverse group of members and prospective members.

- **Expand educational/religious opportunities:** Starting in January, we will have study sessions during *kiddush* twice a month, with professional leadership alternating with lay leadership. We also have a new *havurah*.
- **Strengthen opportunities to build community:** As of early December, sponsors have signed up for the two Shabbat *kiddushes* in January when discussion groups will be present.

We still have a lot to do, but many plans are moving forward. Stay tuned.

## Mazel Tov

... to Irv Cohen, grandfather of nine, who will celebrate his 82nd birthday on Feb. 22.



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# Study, Engage, Act: Make Change via SEA Change

BY LYNNE STEIN BENZION

The videotaped murder of George Floyd by police officers in May 2020 was a clarion call to many Americans that Black people live a very different reality from most white people. Many Tikvat Israel congregants realized they knew little about that current reality and the history that preceded it.

To fill that gap, Rabbi Marc Israel led our congregation in a six-month initiative focused on racial justice issues. It began with a seven-part course on African American history taught by Jerome Price, then a history teacher at Richard Montgomery High School. The classes began on Martin Luther King Jr. Day in 2021 and were followed by racial justice book club sessions featuring powerful works on the subject.

Following this study, several congregants wondered how they could combat the systemic racism they learned about, and they were not alone. Other synagogues were on similar journeys with the same desire. To meet it, a group known as JOIN Justice (Jewish Organizing Institute & Network) created an initiative they call SEA Change (Study, Engage, Act) to train congregations to organize and tackle racial injustice within and beyond their communities.

In 2020-21, JOIN piloted the initiative with Washington Hebrew Congregation and B'nai Israel Congregation ([www.join-forjustice.org/programs-projects/sea-change-initiative](http://www.join-forjustice.org/programs-projects/sea-change-initiative)).

The TI Board of Directors voted to join the second cohort of SEA Change, which began last May. Debbie Amster, Mark Diamond, Cantor Rochelle Helzner, Rabbi Marc Israel, Janaki Kuruppu, Anna Levy, Roni Silverstein, Bob Silverstein and Lynne Stein Benzion received community organizing training as the first participants. Adat Shalom, Har Sinai-Oheb Shalom, Shaare Torah, Tifereth Israel and Washington Hebrew also joined Cohort 2, with approximately 75 people involved.

Participants chose one of two tracks. An Internal Audit track examines TI's own practices, looking for embedded unconscious biases that create an unwelcome environment for people of color, LGBTQ+ community members, people with disabilities, interfaith families, etc. The internal group interviewed about a dozen people to get stakeholder feedback. They received many positive comments, but also a number of frank and useful observations that generally grouped into the three categories of accessibility, welcoming new people and engagement. The internal group continues to organize and prioritize its findings and looks forward to sharing and acting on them with the congregation.

The Community Outreach track heeded the principal tenets of community organizing: follow the lead of people who are directly impacted by the issue and partner with a group that is working effectively on it. To that end, the outreach group worked with SEA Change members from the other synagogues to research organizations that promote racial justice in Montgomery County, interviewing and analyzing seven of them. Ultimately, the cohort chose to work with Action in Montgomery, (<https://actionin-montgomery.org>), which focuses on a number of issues including housing justice, and with Interfaith Power & Light (<https://ipldmv.org>), which recently received a large grant to fund climate and environmental equity activities. In the coming months, we will be sharing information about ways for you to participate in various activities that align with your availability, interests and talents.

You can become a SEA Changer too! In fact, Cliff Fishman and Warren Berger recently committed to joining SEA Change in 2023. We are excited that TI will become an equity partner of AIM and Interfaith Power and Light to help us battle the injustices in Montgomery County and Maryland. We hope you'll join us. Contact Lynne Stein Benzion at 301-910-1828 or [LBenzion@yahoo.com](mailto:LBenzion@yahoo.com) or talk to any SEA Changer at TI.

## Congregational Condolences

Condolences to those Tikvat Israel members who lost loved ones recently (mid-October through mid-December):

... to **Leonard Schuchman**, on the loss of his wife Celia Schuchman, mother of Benjamin, Abraham and David Schuchman

... to **Paul Schwartz**, on the loss of his brother Howard Schwartz

... to **Sheri Brown**, former ECC director, on the loss of her mother Naomi Rothstein

... to the **family of Estelle Stolovy**

## LIGHTING UP THE NEIGHBORHOOD

In what's becoming a popular annual custom, Tikvat Israel sponsors *Chanukkah* in the 'Hoods to bring the glow of the synagogue's *chanukkiyah* to four Rockville-area neighborhoods. Despite the cold weather and sometimes blustery conditions, congregants gathered in driveways and a community room to recite the blessings over the candles, sing holiday songs and enjoy a *nosh* (cookies and juice).



The hosts this year were Melissa Apter and Avi Bardack (Aspen Hill), Roz and Ted Kram (Flower Valley), Sally and Ted Kram (West Rockville) and Steve Raucher (Leisure World). This was the program's second year.

Rabbi Marc Israel did the honors of lighting the *chanukkiyah* on the first *Chanukkah* in the 'Hoods location in Aspen Hill. (Photo by Melissa Apter)

## WOMEN'S NETWORK

# Organizing Financial Affairs; Upcoming Activities Set

BY JANICE BALIN, WOMEN'S NETWORK COORDINATOR



Welcome to the Women's Network corner! This is the place to learn about recent events and future programming.

On Nov. 20, our own Tikvat Israel alum Rena Strauss (daughter of Maxine and Jim Perlmutter) returned to TI to present a *Rosh Hodesh* program that was open to all members of the synagogue. This year's *Rosh Hodesh* theme is "getting your financial, spiritual, legal, medical and ethical house in order." Strauss, an attorney, shared her legal expertise on the Maryland laws related to medical directives and power of attorney rules.

One might think that the subject was a bit dry. However, nothing she presents is dry! Strauss shared many interesting, funny and appropriate client stories to reinforce the "why" everyone needs these important documents. She also touched on issues related to setting up wills and trusts as well as the important medical documents associated with them.

Strauss opened her presentation by explaining why it is a gift to your family to discuss how you envision final medical decisions to be made on your behalf. The audience had many questions, which she was able to answer and help our members understand these important topics.



**Attorney Rena Strauss led a Women's Network event that focused on getting your finances in order before it's too late. (Photo by Amy Matathias)**

Our next *Rosh Hodesh* program is set for 10:30 a.m. on Jan. 15. Rabbi Israel will lead the program about Jewish ethical wills. The program will be staged in person and available on the livestream. The program is sponsored by the Women's Network but is open to all congregants.

On *Shabbat Chanukkah*, the Women's Network sponsored a *kiddush* luncheon in honor of the 100th anniversary of the first *bat mitzvah* in the United States. A temporary display in the lobby featured memorabilia from TI women's *b'not mitzvah*. During *Shabbat* morning services, the *d'var* featured anecdotes from *b'not mitzvah* through the decades.

Following the *Chanukkah*-themed lunch, all congregants were invited to take part in *Shabbat*-friendly *bat mitzvah* games. The event was both a nostalgic and a powerful reminder of how Jewish women have worked hard to assert their right to full participation in Jewish ritual life.

### A few upcoming Women's Network events:

**Jan. 11** – Book Group discussion, 8 p.m. via Zoom. *Something Beautiful Happened*, by Yvette Manassis Corporon

**Jan. 15** – *Rosh Hodesh* program, 10:30 a.m.

**Jan. 22** – "French Resistance During WWII," a virtual travel program presented by Karen Reb Rudel, founder and CEO of Sights Seeker's Delight, 11 a.m. via Zoom. Program is open to all TI members.

**Feb. 7** – Seth Front's Jewish Zodiac Program, Comedy & Deli Night – A Culinary History of Jews in America, based on the Astrological Signs of the Delicatessen, 7 p.m. on Zoom. Program is open to all. Contributions to help support this program should be sent to Brenda Brooks, Women's Network treasurer.

## A CALL FOR LEADERSHIP SUCCESSION

Janice Balin is stepping down as coordinator of the Tikvat Israel Women's Network this summer, which opens up a wonderful leadership opportunity.

Janice wants to mentor one or more women in the congregation while they transition into the coordinator role by this fall. This will ensure this active synagogue group at TI continues to offer appealing programs in the following year.

This role can be shared among a few volunteers, each being responsible for aspects of the job. "It is a fun job with many people who will help," Janice says.

Share your interest with her at [balinfive@gmail.com](mailto:balinfive@gmail.com) to ensure a smooth transition.

## THREE BOOKS AWAIT YOUR CRITIQUES

The next book discussion of 2022-23 staged by the Women's Network will take place at 8 p.m. on Zoom on Wednesday, Jan. 11. The book being examined is *Something Beautiful Happened* by Yvette Manassis Corporon.

The following two book discussions are these: *Peony* by Pearl Buck, on Wednesday, March 15, 8 p.m. on Zoom; and *House on Endless Waters* by Emuna Elon, on Sunday, May 21, 10 a.m. in-person at Tikvat Israel.

Any female congregant teen-aged or older is welcome to participate in the discussions.



**Wendy Bauman led the Women's Network discussion of *Three Floors Up* by Eshkol Nevo during the mid-November literary gathering. (Photo by Amy Matathias)**

## EDUCATION AND YOUTH

# TI Teens to Discuss Antisemitism, Then Bake for *Purim*

BY JUDY STERN, VICE PRESIDENT FOR EDUCATION AND YOUTH



A rundown of recent and upcoming programs for our synagogue's youth.

Tikvat Israel's teen group, which goes by the name TI Teens, had a successful first activity in November.

Teens gathered at the home of Shira and Danny Lantner for an evening that started with *Havdalah* and continued with a pizza supper, movie and a group game. Everyone really enjoyed the evening.

On Dec. 10, teens and families played board games in the social hall following *Shabbat kiddush*.

Several upcoming programs are planned.

- On the evening of Jan. 15, Rabbi Marc Israel will lead a discussion with TI Teens about antisemitism. Teens will be encouraged to ask questions, share experiences and talk about how antisemitism in the recent news has affected them. The program is open to students in 7<sup>th</sup> through 12<sup>th</sup> grades.

Please let me know (at judystern7@aol.com or 301-279-0972) if you have a child or grandchild who plans to attend. Teens are welcome to each bring a guest.

- On Sunday, Feb. 26, teens in 7<sup>th</sup> through 12<sup>th</sup> grades are invited to join Roz Kram in the Tikvat Israel kitchen to bake *hamantaschen* in advance of *Purim*. For further information or to sign up, contact me using the above phone number or e-mail address.

Watch this space for information about our spring programs.



The Lantner family hosted a games program for teens.

## TI's First *Bat Mitzvah* of 2023

Miri Silverman will become Tikvat Israel's next *bat mitzvah* on March 4.



Miri Silverman

Miri has enjoyed preparing for her *bat mitzvah* with tutor Melissa Apter. She likes learning the Hebrew readings and what they mean. She looks forward to having guests from out of town attend her *bat mitzvah* service and celebrate at her party.

Here are a few things to know about her.

**Family:** Miri is the daughter of congregants Rabbi Jill Levy and Matthew Silverman. She has a sister, Nava. Other family members include a dog, an orange tabby cat, two gerbils and a hermit crab.

**School:** She is in sixth grade at Charles E. Smith Jewish Day School. Her favorite subjects are humanities class and a robotics elective.

**Interests:** She paints and does arts and crafts for fun. Miri has played soccer for her school and will be joining an MSI team in the spring. She spends summers at Camp Ramah in Palmer, Mass.



## Community Support

I want to convey my deepest appreciation for the support I received from the Tikvat Israel community as I mourned the loss of my dear brother, Howard. Even during a power blackout, the TI community rallied to ensure a *shiva* minyan at my home. Being able to pray together and to talk about the memories of my brother was very comforting.

I offer my greatest thanks.

Paul Schwartz

## READING TORAH BY OUR YOUTH

Students in 4<sup>th</sup> grade and up can learn Torah *trope* with the goal of becoming proficient readers.

The longstanding TI Torah Club, under the able and supportive direction of congregant Elliot Cowan, meets the second and fourth *Shabbat* morning each month. Students are encouraged to attend the main sanctuary's Torah service (beginning at approximately 10:40 a.m.) and then, after the Torah's dressing, the class will commence in the social hall.

You can contact Cowan with your questions at [epcowan@gmail.com](mailto:epcowan@gmail.com).



# How to Make Sense of TI's Annual Budget Process

BY BOB SILVERSTEIN, STRATEGIC PLANNING COMMITTEE MEMBER

As part of the development of the recently adopted Strategic Plan, our committee received feedback from many Tikvat Israel members on a variety of topics. One of the issues most requested was that there be a better understanding of the synagogue's operating budget and how it is developed each year. This article provides an overview of that process.

In late winter or early spring of each year, as required by our bylaws, the treasurer puts together a budget committee whose task is to create the coming year's operating budget. The committee then asks each of the vice presidents and committee chairs to make requests for the funds they expect to need in the upcoming fiscal year, which starts on July 1. These requests may be for the continuation of ongoing programs, creation of new programs and ongoing funding for the operations of the office and building. These requests then are reviewed and modified as necessary by the committee in consultation with those making the requests.

On the income side, Tikvat Israel has three major sources of revenue: membership dues, contributions and the surplus of funds generated by the Early Childhood Center. Other revenue sources include the Chai Campaign, sale of memorial plaques, a potential distribution from the Fund for the Future and non-dues revenue such as *kiddush* sponsorships, room rentals, paid advertising in the *Bulletin* and fundraising events such as the annual concert.

In addition, net proceeds from the operation of the Early Childhood Center provide a vital source of income. In recent years, those funds have constituted a significant portion of our annual income.

Budgeting projections are based upon the previous year's revenue as well as any growth or decline expected from these sources of funds.

The budget committee then produces a recommended balanced budget as required by our bylaws. The budget is presented to the full board of directors for review and modifications. Once approved by the board, it is presented at a congregational meeting in June for a vote of acceptance by congregation members. The approved budget and any new dues levels take effect on July 1 of each year.

With a total annual operating budget of about \$2 million (including ECC operations), it is important to note that the expense side of the budget is primarily driven by contractual obligations to clergy and staff, ongoing maintenance of the building, custodial services, costs for operation of the office and other fixed costs. These items account for the vast majority of the operating expenses.

The remaining expenses are variable and can be adjusted as needed to keep the budget in balance.

The budget committee, typically chaired by an officer of the board, operates with transparency and welcomes the input of our members. Such requests should be made to the treasurer or vice president who is responsible for the programming areas in which members are interested.

It is also important to mention the many hours of volunteer time given by our officers and committee chairs in developing the annual budget. Each is dedicated to ensuring the fiscal stability of Tikvat Israel while providing the funding needed to run a dynamic and full-service congregation that meets the needs of its members and the community.

Developing the annual budget is a complex process, but it is in the hands of people who are committed to the synagogue's success, and this has proven to be the case each year. Our synagogue's leadership pledges to be open and transparent about the process as the FY '24 budget is developed this spring. As the process commences, there will be an increase in the flow of financial information to the congregation.

## Stepping Stones Benefits From TI Dinner Donors



**Congregants carrying dinner contributions for the Stepping Stones facility on Nov. 9 are (from left) Rich Nisenson, Abbey Frank, Larry Levine, Judy Stern and Molly Turkewitz. Participants not shown: Ellen Eisner, Larry Gorban, Sandy Levine and Anna Levy.**

Tikvat Israel volunteers, coordinated by Ellen and Sherman Eisner, support Stepping Stones, a shelter in Rockville that serves Montgomery County families in need.

Congregants support the facility by creating a nourishing, child-friendly dinner menu and then providing the home-cooked or store-bought dinner items for delivery to the shelter.

Congregants perform this *mitzvah* five times over the year.

Watch for notices in *B'kesher* or contact the Eisners (at 301-598-0635 or [eeisner@comcast.net](mailto:eeisner@comcast.net)) if you are interested in participating.

# Many Ways to Support TI's Fund for the Future: Here's One

In the last issue of the *Bulletin*, there was information about creating a Restricted Fund within the Fund for the Future. This month we are including a previously published article by Steve Raucher that has been updated to reflect current rules concerning the contribution of funds to the Fund for the Future via the Qualified Required Minimum Distribution, or QRMD. This is especially pertinent for seniors who are now required to withdraw funds from IRAs and/or retirement plans that were shielded from taxes.

Please consider making a contribution using the QRMD and saving on your taxes.

## SAVE ON TAXES WHILE HELPING TI

STEVE RAUCHER, PAST PRESIDENT

Many of us take advantage of the ability to put money away before it is taxed as income by the federal and state governments. Using "Qualified Plans" such as 401K, IRA, 403(b), Thrift Savings, tax-deferred annuity contracts, etc., we accumulate savings that we plan to use in our retirement years. However, as the saying goes, the two things we CANNOT avoid are death and taxes, and the U.S. government has devised a way to recoup the income taxes we avoided paying when we deposited these funds.

Starting in your 72<sup>nd</sup> year, the IRS calculates your life expectancy and requires you to withdraw, and pay taxes on, a portion of your qualified savings plans. This is called the "required minimum distribution," or RMD.

As an example, a single 73-year-old male may have an actuarially calculated life expectancy of 85 years, i.e., 12 years to go. The government then assesses his qualified plans at 1/12 of their value that year, 1/11 the next, etc. So, if he had a retirement nest egg of \$500,000, the calculations require him to withdraw and pay taxes on 1/12<sup>th</sup> of \$500,000 (\$41,650) the first year. In the next year, he would pay taxes on 1/11<sup>th</sup> of (\$500,000 - \$41,650) or \$41,664 etc., until all taxes on the qualified plans are paid. If he should not make it to the 12<sup>th</sup> year, any money left in his plan(s) would be taxable to his heirs and must be paid within 5 years. However, ...

Several years ago, Congress created a way that some of your qualified plan money could be donated to charity without ever being taxed. They called it a Qualified Required Minimum Distribution, or QRMD. Such a charitable contribution is counted toward your RMD. Currently, an individual can contribute up to \$100,000 per year as a QRMD. Several tax rules apply: the money must go directly to the 501c(3) charity; and the charitable contribution cannot also be claimed as a charitable contribution if you itemize on your 1040 Schedule A, etc. [For specific tax advice, please consult a professional tax advisor.]

There are several tax advantages to using a QRMD. First, it reduces the tax burden on your qualified plan savings. Second, it reduces your annual gross income that you report to the government. That figure (AGI) is the basis for several other government programs such as Medicare, medical limits for deductions, miscellaneous limits for deductibility, etc. By reducing AGI, you may benefit in those calculations as well. Even if you don't itemize your taxes, you can still deduct the standard charitable deduction on your 1040 EZ. Third, and most important, it helps the charity—in this case, Tikvat Israel.

Whether you send a QRMD to Tikvat Israel or directly to the Tikvat Israel Fund for the Future, your contribution qualifies. If

you are in a 30% tax bracket, in effect the government contributes \$3 out of every \$10 you donate. NOT BAD!

For more information, consult your tax adviser and/or call me at 301-318-4969, or contact one of the synagogue's financial officers.

## HAVE YOU VISITED TI'S LIBRARY RECENTLY?

BY JANICE ROSENBERG

If you haven't stopped by the Herman J. Flax Library recently, you may be surprised by what you see there. The library has more than 1,500 works of fiction, non-fiction and biographies on its shelves.

The ECC has moved its collection of child-friendly titles to the library so the children's area is filled with books. There's also a colorful rug for the kids to sit on.

Donated artwork is displayed on the library shelves and there are comfortable chairs, which are perfect for reading. A display near the entrance has many new books recently added to the shul's collection.

Borrowing a book has never been easier. Just send an e-mail to me at [jzevarosenberg@yahoo.com](mailto:jzevarosenberg@yahoo.com) that includes the title, your name and your contact information.

As a reminder, the library accepts donations only of books published since the year 2000, Jewish classics or books of historical significance. All donated works should be in good condition.



A comfortable group reading zone for ECC students who visit the TI library. (Photo by Janice Rosenberg)



## EARLY CHILDHOOD CENTER

# Our Staff Members Grow Their Skills at Daylong Training

BY DEBBIE UNGAR, DIRECTOR, EARLY CHILDHOOD CENTER



As the winter arrives, the ECC continues its important work providing a safe, stimulating and fun place for children each day.

On Nov. 11, the entire ECC staff spent the day in training, made possible by the Helen P. Raucher Memorial ECC Development Trust. The morning training workshop, "Developing Relationships with Families," was informative as well as engaging. The instructor discussed ways to build relationships and trust with families and the importance of working as a team in the child's education. The staff participated in various exercises to work on communication strategies.

In the afternoon, the workshop focused on fine arts and how to incorporate them into the classroom. One of the techniques, known as "process art," allows art to be child-driven and promotes the experience of creating rather than focusing on the end product. This art form has no right or wrong way. Children learn so much through process art in all domains of learning. This developmentally appropriate technique inspires curiosity and creativity and promotes sensory exploration.

The entire ECC staff are extremely appreciative to the Helen P. Raucher Memorial ECC Development Trust for making this day possible.



**ECC staff upgraded their professional skills during a training day in November in the Flax Library.**

Also in November, we conducted a schoolwide *tzedakah* project to collect Thanksgiving foods for Interfaith Works, a non-profit organization that distributes food to families in need. The pre-kindergarten classes took a field trip to visit the agency's site. On the trip, the children placed food items we collected into the donation bins. The guide gave them a tour of the facility and explained that clients are able to come and select which food items they need. It was a very meaningful visit for everyone.

The ECC prepared food and gathered as a school to celebrate Thanksgiving together in the social hall on Nov. 22. Each class contributed a dish for our feast. The menu included cornbread, fruit salad, sweet potatoes, stuffing, green beans and pumpkin bread. Each class led the school in a special Thanksgiving song. It was a wonderful way to start our Thanksgiving holiday.



**Children at the ECC marked Thanksgiving in style at a meal activity just before the holiday.**

We look forward to the PJ *Havdalah* program, which will take place at 6:45 p.m. on Jan. 28. Auntie A will lead this exciting and interactive program. Families with young children are invited to attend. We will collect donations of children's pajamas in preparation for our program.

As the ECC begins 2023, we are thinking about registration for the 2023-24 school year. If you know a family interested in learning more about the ECC or taking a guided tour, contact me at [Debbie@tikvatisrael.org](mailto:Debbie@tikvatisrael.org).



**Older children in the ECC went on a field trip to Interfaith Works to learn about the food donation process.**

## EVERY LAST CANDLE



Roz Kram celebrated her birthday in the Herman Flax Library surrounded by 18 individuals who turned out for the Women's Network program in November and helped her mark the occasion. Before consuming cake, the participants learned about advanced medical directives and appointing a financial power of attorney for end-of-life affairs. The session was led by lawyer Rena Strauss.



# Among Her Kiddie Following at TI, Auntie A Delivers Rhythm 'n' Ruach

BY MELISSA APTER, BULLETIN CONTRIBUTING EDITOR

Seated on her rainbow tie dye tapestry with a djembe drum in hand, Adrienne Suson leads Tikvat Israel's youngest members in Jewish and *Shabbat* songs. Babies and toddlers happily sing along or jiggle egg shakers alongside their parents and grandparents.

This display of joyful Judaism is part of the mission of Suson's persona, Auntie A, and her spirited program, Rhythm 'N' Ruach, an interactive Jewish music program that engages all ages from 0 through 100.

For the last four-plus years, Auntie A has become a musical staple at Tikvat Israel. She leads the Early Childhood Center in a schoolwide *Shabbat* Sing every Friday and the *Shabbat* Family Jam twice a month on Saturday mornings. Her presence usually guarantees a doubling or even tripling of young family attendance on *Shabbat* morning at the synagogue.

"We've connected the familiar tunes with going to synagogue and learning from our peers. Whether you went to camp or day school, the music is really what creates that cohesive community, that cohesive *kehila*. That always spoke to me, the traditions of our Torah and the music behind it," says Suson, a certified early childhood educator with a degree from University of Northern Colorado.

Rhythm 'N' Ruach works off a series of set curricula centered around themes such as holidays, character traits or *Shabbat*. There's always a Hebrew word of the day, an instrument of the day that she pulls from her rolling rainbow-colored suitcase and an emphasis on creating a special feeling.

"I like to engage the [community] as much as possible. That's my secret sauce," Suson says. "Especially on Saturdays when I'm with Tikvat Israel, I encourage our parents and our grownups to participate, to sit on the floor, because modeling behavior is really important. If [the children] see you participating and having fun, then they'll participate and have fun. That's why I like this model



In her role as Auntie A, Adrienne Suson brings spirited programming to Tikvat Israel's youngest set.

as opposed to the kids-only model. I really like that it's a multi-generational activity."

Suson grew up in Denver, Colo., in a home immersed in Jewish life, and she has been a musical educator since her first gig working in the Hebrew school in the seventh grade. When her brother, Steven Suson, rabbi of Har Tzeon-Agudath Achim in Silver Spring, tragically lost his wife in 2015, Suson moved to the area to help take care of her then 4-year-old niece. What was supposed to be a one-year move turned into a six-year stint as the program director at her brother's *shul*.

Toward the start of the pandemic, Suson had what she calls an "if not now, when?" moment and left her job to run Rhythm 'N' Ruach programming full time.

Rhythm 'N' Ruach was founded by Shelley Dean in 2011 to engage families through Jewish music and movement. Dean decided to take the concept nationwide with a beta launch in Washington, D.C., in 2018. Suson, who knew Dean from when the latter was her regional USY director, was among the first cohort of facilitators and quickly proved her mettle as a marketer and facilitator. (In addition to

Rhythm 'N' Ruach, Suson owns and operates Hashtag Social Media & Digital Consulting, a multimedia marketing company "with a Jewish twist.") Now Suson is the operating partner and executive director of Rhythm 'N' Ruach.

Under her leadership, Rhythm 'N' Ruach has 23 facilitators nationwide, plus one in Israel. Together with Dean, she developed 30-minute Rhythm 'N'

Ruach on-demand videos called *Shalom at Home* that caught the eye of Brad Pomerance, senior vice president of Jewish Life Television. Since summer 2020, Rhythm 'N' Ruach has produced three seasons of the show for JLTv with plans for more. Episodes also are available on her website [RhythmNRuach.com](http://RhythmNRuach.com).

"The goal we say is #JoyfulJudaism," Suson says. "That's what we're trying to encourage, the joyful learner."



# Help Tikvat Israel Reach its Chai Campaign Goal

BY JAYME SOKOLOW, CHAI CAMPAIGN CHAIR

The Chai Campaign is doing well thanks to your generosity. However, to reach our goal of \$74,000, we will need support from those who have not yet contributed. The campaign officially ended Dec. 31, but we will be happy to accept your contributions over the coming weeks.

Our membership dues cover only part of what is needed to maintain our staff, facility and programs. It is up to us to put into action what we committed ourselves to in prayer during the High Holidays in September. Please be as generous as your circumstances allow.

The Chai Campaign is helping the congregation to balance its budget and continue providing outstanding programs and services to all congregants. The funds also support those congregants who may need financial assistance during the year.

As you think about a contribution, consider how much Tikvat Israel has meant over the years to you and your family. Consider also how the synagogue has supported you and your family and others in joy as well as in sorrow.

In 5783, be among our congregants who, in the words of our *siddur*, "unite to establish synagogues for prayer" and who "give funds for heat and light, and wine for *kiddush* and *Havdalab*."

The Chai Campaign would like to acknowledge the contributions of the following individuals as of Nov. 15:

- **Diamond** (\$5,400): Melanie Grishman
- **Platinum** (\$3,600): Susan and Alan Apter, Betty and Cliff Fishman, Hope and Phil Kott
- **Gold** (\$1,800): Debby Berlyne and Danny Bachman, Elyse and Jeff Bernstein, Tami and Sam Gilston, Bobbi and Larry Gorban, Ron Rabin, Steve Raucher, Celia z'l and Leonard Schuchman, Roni and Robert Silverstein, Jayme Sokolow, Sue and Howard Wilchins
- **Silver** (\$1,000): Robert and Janice Balin, Carol Chelemer, Roberta and Larry Cohen, Ellen and Sherman Eisner, Bruce Goldin, Denise Kanuck, Nancy and Rod Matheson, Linda and Edward Silverstein, Joel Bressler and Shirley Waxman
- **Double Chai** (\$720): Marc Schneider and Martie Adelman, Brenda and Keith Brooks, Rosemarie and Howard Chernoff, Aaron Fineman

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Tikvat Israel owns a section of sites at Judean, with special completion discounts available to members. To reserve your sites please call Aaron Chusid at Tikvat Israel: 301-762-7338.



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## Up to the Task of Sorting



A handful of congregants responded on short notice to join Rabbi Marc Israel during a book sorting exercise on Nov. 22 at Berman Hebrew Academy. The task was to sort Jewish books and other materials dropped off for the *geniza* collection and used book sale at the school in Rockville. This is a communal program that helps with proper disposal. Shown are (from left) Mona Ehrlich, Marsha Lyons and Sam Gilston.

## Two Tiers of *Kiddushim* Pricing Available

Looking to sponsor a *kiddush* to celebrate a birthday, an *aufbruch*, a new job, a child's accomplishment or any other *simcha* or in honor of a loved one's *yahrzeit*? Mark the occasion with your Tikvat Israel family with a *nosh* after Shabbat services.

Two *kiddush* options are available. To sponsor a *kiddush*, contact Roz Kram, kitchen manager, at 301-929-1542.

- **Tier I Stand-up *Kiddush*:** Cost of this *kiddush* is \$300 for up to 70 congregants. There will be four tables in use. For additional guests, the cost is \$5 per person.

The Tier I menu includes wine/grape juice, crackers, chips or pretzels or similar snack item, grapes or similar fruit item, cookies, instant coffee/tea/cold beverage and small disposable plates, cups, plastic utensils and paper napkins.

### Choice of 1:

Hummus  
Salsa  
Tzatziki

### Choice of 1:

Cucumber salad  
Cole slaw  
Health salad

### Choice of 1:

Egg salad  
White fish salad  
Herring  
Gefilte fish

- **Tier II Stand-up *Kiddush*:** Cost of this *kiddush* is \$400 for up to 70 congregants. There will be four tables set up. For additional guests, the cost is \$6 per person.

The Tier II menu includes: wine/grape juice, crackers, chips or pretzels or similar snack item, grapes or similar fruit item, cookies and loaf cake or similar baked goods, instant coffee/tea/cold beverage and small disposable plates, cups, plastic utensils and paper napkins.

### Choice of 2:

Hummus  
Salsa  
Tzatziki  
Stuffed grape leaves

### Choice of 1:

Cucumber salad  
Cole slaw  
Health salad

### Choice of 1:

Egg salad  
White fish salad  
Herring  
Gefilte fish  
Tuna salad

For decorated cake options and sit-down *kiddush* luncheon menus and costs, contact Kram.



# Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 8 Tevet through 9 Shevat - January 2023

## JANUARY 1

### 8 TEVET

June Balin  
Esther Berk  
Morris Gaspin  
David Glass  
Joan Levin  
Belle Schechter  
Eva Kramer  
Weinshelbaum

## JANUARY 2

### 9 TEVET

Max Bassin  
Stephen Feigin  
Jason Leif  
Irving Reiner  
Doris Klion Taylor  
Philip Weinstein  
Dora Zlotnick

## JANUARY 3

### 10 TEVET

Lydia Black  
Steven Bowen  
Cantor Mark Levi  
Henry Roth  
Carl Seide

## JANUARY 4

### 11 TEVET

Julia Auerbach  
Irene Berger  
Fred Buff  
Morris Gorinson  
Margaret Peisner

## JANUARY 5

### 12 TEVET

Geraldine Linden  
Ellen Rosenthal  
Jennie Strassman

## JANUARY 6

### 13 TEVET

Samuel Berly  
Rose Blackstone  
Eli Dannemann  
Anna Krooler  
Nathan Nachamkin  
Lois Renee Nisenson  
Miriam Sarah Roey

## JANUARY 7

### 14 TEVET

Elaine Feinberg  
Irving Joseph Kaplan  
Moshe Kritz  
Jacob B. Levin  
Julius Rom  
Anne Rosenberg  
Rebecca Rosenberg

## JANUARY 8

### 15 TEVET

Harry Brafman  
Ilsa Cutler  
Melvin Dick  
Benjamin Feinman  
Henrietta Shantz Levine  
Jennie Schnitzer  
Lillian Walder

## JANUARY 9

### 16 TEVET

Benjamin Kay  
Judith Lipofsky  
Roslyn Mollen  
Milton Thaler

## JANUARY 10

### 17 TEVET

Mildred Brook  
Rachel Cohen  
Hyman Goodman  
Adele Mainen  
Harriet Miller  
Samuel Nadel  
Mildred Schreiber

## JANUARY 11

### 18 TEVET

Tamara Chidakel  
Blanche Cohen  
Irwin Fishman  
Max Hershbaum  
Paul Jaffe  
Pauline Katz  
Lillian Liss  
Marjorie Nash  
Abe Silkoff  
Joseph Sully

## JANUARY 12

### 19 TEVET

Sam Fermon  
Abraham Pelish  
Gertrude Rosenwald  
Joseph Scolnik  
Lesley Teitelbaum  
Caren Thaler  
Henrietta Zebooker

## JANUARY 13

### 20 TEVET

Walter Blumberg  
Beatrice Boroff  
Frieda Cohen  
Louis Hecht  
Sara Kaplan  
Sadie Koepfel  
Clement Ezra Marcus  
Mildred Stein  
Sol Tropp

## JANUARY 14

### 21 TEVET

Elaine Bernstein  
Fay Blum  
Nimal Kuruppu  
Julius Landy  
Havivah Levy  
Hilda Levy  
Michael O. Miller  
Ida M. Schiffman  
Carolyn (Kitty) Strauss  
Rabbi Richard W. Winograd  
Richard Wottitzky

## JANUARY 15

### 22 TEVET

Morris Cohen  
George Ray Davis  
Anne Hoffman  
Anne Kristal  
Maurice Levinsohn  
Abraham Peck

## JANUARY 16

### 23 TEVET

Samuel Asen  
Albert Blonder  
Ruth Halpern  
Cathy E. Lerman  
Sidney Sirkis  
Rebecca Louise Soldano  
Eugene Thompson  
Evelyn Weingross  
Warren Weinstein

## JANUARY 17

### 24 TEVET

Stanley Bergstein  
Harry H. Cohen  
Mollie Jacobs  
Solomon Meltzer

## JANUARY 18

### 25 TEVET

Sarah Cohen  
Hilda Diamond  
Rose Finster  
Mollie Flax  
Bernard Gross  
Jacob Kanner  
Davida Kline  
Norman F Kline  
Rebecca Lipofsky  
Nathan Plafker  
Eleanor O. Stillman  
Louis Waxler

## JANUARY 19

### 26 TEVET

Benjamin Robert Bliss  
Moishe Chaim Chait  
Bert Herman Chatlynne  
Benjamin Futrovsky  
Sam Gorin  
Leslie Green  
Marcus Jacobs  
Rose Podolsky  
Morris Silverman  
Maurice Solomon

## JANUARY 20

### 27 TEVET

Rena Cora Block  
Marie Gabes  
David Kushner  
Lena Rosenblum  
Marilyn Teitelbaum  
Della Whittaker

## JANUARY 21

### 28 TEVET

Richard Alan Goodman  
Meyer Kensky  
Florence Lentchner  
Max Levine  
Reubin Rosenberg  
Joyce Blumberg Schwartz  
Dora Stutz

## JANUARY 22

### 29 TEVET

Lena Berlin  
Samuel D. Bredt  
Saul Cohen  
Mathilde Eichtersheimer  
Malcolm First  
David Benjamin Grishman  
Moody Grishman  
Harold Kaplan  
Shoshana Kolirin

## JANUARY 23

### 1 SHEVAT

Lawrence Blonder  
Nathan Gershowitz  
Marion Goldstein  
Sidney Labovich  
Samuel Lerner  
Joseph Seiler

## JANUARY 24

### 2 SHEVAT

Alyssa Michelle Kasse  
Sarah G. Kravitz  
Frances Nadel  
Sylvia Seiler  
Esther Blake Wilchins

## JANUARY 25

### 3 SHEVAT

Fred Cutler  
Raymond Eldredge  
Sarah Gorin  
Bertha Grossman  
Celia Hecht  
Anna Hoffman  
Nat E. Koepfel  
Morton Leman  
Carl Lerman  
Jacob Schneider  
Bess Snyder

## JANUARY 26

### 4 SHEVAT

Edith Chefer  
Leo Pachenker  
Isaac Zipin

## JANUARY 27

### 5 SHEVAT

Eva Brooke  
Dorothy Caplan  
David Cohen Gutman  
Mordechai Costa  
Belle Krasner Fabel  
Samuel Helzner  
Ben Kalman  
Anna Linsenberg  
Rachel Mandel

## JANUARY 28

### 6 SHEVAT

Robert L. Gellman  
Martin Hershenhorn  
Leroy Lowenfeld  
Marion Salon

## JANUARY 29

### 7 SHEVAT

Frances Kanner  
Jennie Lerner  
Stanley Nasoff  
Jack Zoltrow

## JANUARY 30

### 8 SHEVAT

Ludwig Klein  
Harry Levinstein  
Elsa Neuwirth  
Joseph Steinberg

## JANUARY 31

### 9 SHEVAT

Mildred Brafman  
David Caplan  
Goldie Chelemer  
Jerome Danoff  
Molly Levinson  
Max Mendelson  
Harry Miller  
Hans Moses  
Zanvel Nisenson  
Edith Plesset  
Rose Schwartz  
Sheldon Wagner  
Rose Weinstein

# Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 10 *Shevat* through 7 *Adar* - February 2023

## FEBRUARY 1

### 10 *SHEVAT*

Seymour Engel  
Sarah Miriam Green  
Howard Gudelsky  
Pauline Levy Hein  
Rheta Kruger  
Louise Pasternak  
Yefim Sandler

## FEBRUARY 2

### 11 *SHEVAT*

Paul Berman  
Libby Gordon

## FEBRUARY 3

### 12 *SHEVAT*

Sara Dick  
Jacob Finster  
Lillian Gorinson  
Ruth Hochberg  
Jules Liss  
John Gordon Phillips  
Bernice Zimlin

## FEBRUARY 4

### 13 *SHEVAT*

Edith Adler  
Mildred Rothman Coblitz  
Frank Ehrlich  
Sylvia Kronzek  
Edith Lazarus  
Issy Matheson  
Sumner Meiselman  
Rose Murdock  
Norman Tubiash

## FEBRUARY 5

### 14 *SHEVAT*

Shirley Baer  
Fannie Rose Cohen  
Irvin A Lavine  
Ruth Milenky  
Nathan Osofsky

## FEBRUARY 6

### 15 *SHEVAT*

Mordechai Armoza  
Rose Auerhahn  
Rosalind Graber  
Miriam Kagan  
Jalle Koricki  
Sara Sokolow  
Charlotte Turkanis  
Leonard Wagman

## FEBRUARY 7

### 16 *SHEVAT*

Charles Benesch  
Selma Oppenheim  
Max Rothman  
Dr. Stephen Smith  
Eli Herman Stein  
Albert Toney

## FEBRUARY 8

### 17 *SHEVAT*

Miriam Ginsburg  
Alex M. Kravitz  
Benjamin Newman  
Beatrice Venetsky  
Charles Walder

## FEBRUARY 9

### 18 *SHEVAT*

Judith Flax Elustondo  
Abe Goldstein  
Laura Hoffman  
Isadore Kramer  
William Mazaroff  
Beverly Pasternak  
Ruth Rosen  
Kate Schefter

## FEBRUARY 10

### 19 *SHEVAT*

Rabbi Robert Chernoff  
Bernard Glaser  
Jacob M. Greenbaum  
Debbie Rosen Kron  
Ernest Rosenwald

## FEBRUARY 11

### 20 *SHEVAT*

Milton Ackerman  
Leo Greenberg  
Michael Hamburg  
Rosie Kasper  
Morris Oppenheimer  
Mark Schaffman  
Fanny Stoll  
Morris Yonks

## FEBRUARY 12

### 21 *SHEVAT*

Elaine Danovitz  
Alan D. Hillerson  
Eliezer Kishner  
Joseph Kolirin  
Rebecca Pear  
Mildred Schwartz  
Celia Sobovinsky

## FEBRUARY 13

### 22 *SHEVAT*

Martha Barrish  
Goldie Goldman  
Les Lampert  
Arlene Minott

## FEBRUARY 14

### 23 *SHEVAT*

Benjamin Adelson  
William Edlowitz  
William Gershowitz  
Samuel Helfant  
Norman Kanner  
Ada Milder  
Lori Schwartz  
Jay L Zebooker

## FEBRUARY 15

### 24 *SHEVAT*

Doris Lillian Asher  
William Berly  
Fay Gardner  
Ruth Yudkoff Love  
Freda Stutz

## FEBRUARY 16

### 25 *SHEVAT*

Jerie Cohen  
Ruth Fogel  
Charlotte Helzner  
Lois Klion  
Stanley Zelman Marder  
Vera Meyerson  
Rose Rosenthal  
Fannie Sills  
Emanuel Thaler

## FEBRUARY 17

### 26 *SHEVAT*

Howard M. Berman  
Adele Cohen  
Elizabeth Davis  
Sidney Katz

## FEBRUARY 18

### 27 *SHEVAT*

Haskel Chigorsky  
Benjamin Cohen  
Leslie Fineman  
Hase Marie Hershbaum  
Yetta Horowitz  
Alvin Kabik  
Eli Miller  
William Renfrew  
June Warhoftig

## FEBRUARY 19

### 28 *SHEVAT*

Harry Cohen  
Bruce Glauber  
Doris Kanner  
Mae Mukasey  
Beina Schwartz

## FEBRUARY 20

### 29 *SHEVAT*

Isador Bilsky  
Edward Rosenbloom

## FEBRUARY 21

### 30 *SHEVAT*

Leonard E. Cohen  
Hyman Gilston  
Edward Schwartz  
Jacob Teitelbaum

## FEBRUARY 22

### 1 *ADAR*

Florence Eber  
Sylvia Goldin  
Simi Goodman  
Freda Lankin  
Faigi Levine  
Irwin David Olin  
Samuel Rosenhaft  
Mrs. Judy Rosenthal  
Gertrude Schuchman  
Arthur J. Schwartz  
Max Weingross  
Sidney Weiss

## FEBRUARY 23

### 2 *ADAR*

Edith Baron  
Hilda Frank  
Morris Hein  
Sarah Jarcho  
Norman H. Levy  
Minnie Rubinstein  
Norbert Schimmel  
Leon E. Smith

## FEBRUARY 24

### 3 *ADAR*

Tillie Gaspin  
Gloria M. Halpern  
Esther Kaminsky  
Betty Klein  
Lillian Rosen  
Baruch Schwarz  
Morris Shapiro  
Nancy Strong  
Morris Tranen

## FEBRUARY 25

### 4 *ADAR*

Lillian Feingold  
Annie Goldstein  
Alan Kaufman  
Jamila Dweck Marcus  
David Scucimarra  
Sandra Segal  
David Siskind  
Alan Jay Smith  
Yetta Steiner  
Rose Walder

## FEBRUARY 26

### 5 *ADAR*

Shirlye Berman  
Esther Bloom  
Robert Bredt  
Saul Diamond  
George Goldstein  
Mike Gross  
Alan Grossmann  
Arlene Kahn  
Charles Kandalis  
Carl Lang  
Helen Lantz  
Laura Raucher  
Irving Schwartz  
Esther Simon  
Norman Yudkoff

## FEBRUARY 27

### 6 *ADAR*

Alvin Bernstein  
Jacob Blafkin  
Annie Colodne  
Ann Gilman Miller  
Samuel Podgor

## FEBRUARY 28

### 7 *ADAR*

James Gorelick  
Lillian Kensky  
Louis Krepchin  
Bessie Marco  
Samuel J. Romm  
Elizabeth Zusman



# Donations

*The congregation gratefully acknowledges the following donations to the various funds of Tikvat Israel. The donor lists that follow reflect gifts received at the synagogue in October and November. If your donation during this time does not appear in the list, please contact the synagogue office at 301-762-7338.*

## YAHREZIT DONATIONS

### In memory of ...

Jacob Armoza by Elaine and Micah Krichevsky and Family  
Evelyn Berlin by Sandra and Larry Levine  
Harry Berlin by Sandra and Larry Levine  
Shirley Blau by Sandra and Eugene Sheskin  
Miriam Lichter Block by Mimi and Allan Meltzer

Alvin Fineman by Aaron Fineman  
Estelle Freedman by Sandra and Eugene Sheskin  
Saul B. Friedman by Sheila Myers  
Eva Mae Futrovsky by Hilda Springer  
Lewis Godfrey by Roslyn Levy Godfrey

Evelyn Goldberg by Natalie Berman  
Muriel Mickey Goldstein by Diane Hirsch and Daniel Goldstein  
Bernard Kaplan by Mimi and Allan Meltzer  
Naomi Kaplan by Mimi and Allan Meltzer  
Rabbi Joseph Kaplan by Mimi and Allan Meltzer

David Kline by Fran and Rob Kline  
Irene Kline by Fran and Rob Kline  
Carol Krakaur by Linda Krakaur  
Irwin Krakaur by Linda Krakaur  
Sadie Polikoff Levy by Roslyn Levy Godfrey

Clara Lichter by Mimi and Allan Meltzer  
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Nathan Plafker by Susan and Jay Plafker  
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Pearl Zipin Tubiash by Anna Levy  
Gerda Tuchler by Edna and Daniel Breit

## ADULT ED

In memory of Michele Eisenberg by Laurie Savely

## BEREAVEMENT COMMITTEE

In memory of Michele Eisenberg by Marilyn and Michael Greenwood  
In memory of Michele Eisenberg by Louise and Chuck Chatlyne  
In memory of Michele Eisenberg, a sweet and kind person whose presence will be missed by many, especially me, by Eric Wenger

## CANTOR'S PROGRAM FUND

In appreciation of Cantor Rochelle Helzner, for her incredible generosity and inspirational spirit, by Lara Ballard and Gigi Sohn  
In honor of Robert Scherer on his 90th birthday by Marilyn and Michael Greenwood  
In memory of Estelle Stolovy by Marilyn and Michael Greenwood

## COWAN TORAH CLUB

In honor of Judy Stern and Uzi Ben-Ami, on the *bat mitzvah* of their granddaughter Emma, by Sarah and Ed Himmelfarb

## ECC

In memory of Naomi Rothstein by Sheri Brown

## GENERAL FUND

In appreciation of Rabbi Israel and Cantor Helzner by the family of Estelle Stolovy  
In appreciation of Rabbi Marc Israel by Andrea Malester  
In honor of our 50th wedding anniversary by Karen and Michael Cohen  
In honor of Mike and Karen Cohen's 50th wedding anniversary by Henry Goldberg  
In honor of Mike and Karen Cohen's 50th wedding anniversary by Anna Robbins

In honor of the marriage of Rachel Lipsy and AJ Lanphere by Judy Stern and Uzi Ben-Ami  
In honor of Beth Smith, on her selection as *Kallat Bereshit* for 5783, by Hilary Belitsky  
In honor of Beth Smith, on her selection as this year's *Kallat Bereshit*, by Nancy and Jonathan Solomon

In honor of Marc Pressman, on his selection as this year's *Chatan Torah*, by Nancy and Jonathan Solomon  
To support high holiday streaming service by Tom Gross

## In memory of Michele Eisenberg

by Debby Berlyne and Danny Bachman  
by Wendy Bauman  
by Nancy Goldberg and Bryan Benesch  
by Brenda and Keith Brooks  
by Rosemarie and Howard Chernoff  
by Ellen and Sherman Eisner  
by Bruce Goldin  
by Bobbi and Larry Gorban  
by Mimi and Allan Meltzer  
by Susan and Jay Plafker  
by David Gorman and Janice Rosenberg  
by Sandra and Eugene Sheskin

In memory of Libby and Joseph Gordon by Susan and Jay Plafker  
In memory of Bess Lavine by Melanie Grishman  
In memory of Bess Lavine by Hilda Springer  
In memory of Ruth and Nathan Plafker by Susan and Jay Plafker  
In memory of Gloria and Fred Wishengrad by Susan and Jay Plafker

## GENERAL FUND (continued)

*Mazel tov* to Barry Lipsy on the marriage of Rachel to AJ by Nancy and Jonathan Solomon  
*Mazel tov* to Rebecca Salon and Jay Goldman on the birth of their granddaughter, Efrat Charlotte Peretz, by Nancy and Jonathan Solomon

## KIDDUSH FUND

In honor of Amy Matathias by Ellen and Richard Lederman  
In honor of Cantor Rochelle Helzner by Andrea Malester  
In honor of our birthdays by Nancy Goldberg and Bryan Benesch

In honor of TI congregants who are veterans by Ellen and Sherman Eisner  
In honor of veterans by Barbara Katz  
In memory of my uncle, Pfc Arthur Cohen (Eighth Army Air Force Fighter Command P-51 Mustang Group), by Irving Cohen

## In Honor of Simchat Torah honorees Marc Pressman (*Chatan Torah*) and Beth Smith (*Kallat Bereshit*)

by Susan and Alan Apter  
by Susan Cohen and Avrum Ashery  
by Janice and Robert Balin  
by Nancy Goldberg and Bryan Benesch  
by Lynn Berk  
by Elyse and Jeffrey Bernstein  
by Felicia and Daniel Black  
by Anita and Melvin Brenner  
by Shirley Waxman and Joel Bressler  
by Moira and Leon Green  
by Rochelle Helzner  
by Abbey Frank and Marc Israel  
by Barbara Katz  
by Amy and Daniel Matathias  
by Stephen Raucher  
by Amy Sanders  
by Elissa and Jason Schwartz  
by Phyllis and Kenneth Schwartz  
by Sandra and Eugene Sheskin  
by Hilda Springer

## LIBRARY FUND

In honor of Amy Matathias by Paula and Marvin Kasper

## RABBI'S FUND

In appreciation of the Cohen family (Mike and Karen) by Ellen and Mark Diamond  
In appreciation of Rabbi Israel's support and kindness during Lewis' unveiling by Roslyn Levy Godfrey  
in memory of Naomi Rothstein by Sheri Brown

## In memory of Michele Eisenberg

by Janice and Robert Balin  
by Ellen and Mark Diamond  
by Pam and Howard Gorin  
by Barbara Katz  
by Anna Levy

Continued on page 21



## SHELLY GOLDIN MEMORIAL FUND

In memory of Amy Strong by Bruce Goldin

## SERVICE HONOR/ALIYAH

In honor of Leon Green's High Holiday *aliyah*  
by Moira and Leon Green

## TZEDAKAH CHAVURAH

In memory of Bernadine Belkin by Amy and  
Dan Matathais

In memory of Michele Eisenberg by Roberta  
Gateman Cohen

In memory of Michele Eisenberg by Sharon and  
Dan Jacobs

In memory of Dan, Alexander, Bill, Olga,  
Magda, and Auntie Danny by Leilani Lansing

In support of *minyanim* by Leilani Lansing

## TORAH FUND

In memory of Estelle Stolovy by Wendy  
Bauman

## WOMEN'S NETWORK

In memory of Michele Eisenberg by Sheri  
Brown

In memory of Michele Eisenberg by Brigitte  
Lippmann

# OUR 'HOUSE' LEGISLATOR SPINS STORIES OF WORK AND LIFE

BY JONATHAN SOLOMON



State Delegate Anne Kaiser

Maryland State Delegate Anne Kaiser, a Tikvat Israel member since birth, gave her personal State of the State presentation to congregants in front of an in-person and remote audience in early December.

She spoke warmly of her Tikvat Israel memories, ranging from her days in TI's pre-school (she mentioned her teachers' names) and shared some fun stories, both personal and professional. One such story focused on her daughter AJ. While riding in the car, the toddler asked, "Mommy, what rhymes with 'trapezoid?'"

After providing an overview of Maryland's legislative structure, Kaiser provided personal insights on how she and

other delegates on both sides of the aisle work (and play) well together. She shared stories about how some colleagues have become close friends, regardless of their party affiliation. She covered a wide range of legislation, including the recently passed state marijuana referendum, gun control, the right to control medical decisions about one's own body, early childhood education, mental health and insurance.

Kaiser represents Maryland District 14, where she was recently re-elected to her sixth four-year term. Her district includes parts of Silver Spring, Calverton, Colesville, Cloverly, Fairland, Burtonsville, Spencerville, Olney, Brookeville, Ashton, Sandy Spring, Brinklow, Laytonsville, Sunshine, Goshen and Damascus. She serves on the Health and Government Operations Committee and the Rules and Executive Nominations Committee.

Kaiser lives in Calverton with wife Nancy and their daughter Allison Joan.

## Yoga Instruction Unfolds in the Library

More than a dozen members of TI have been practicing yoga with Sarah Fishman since 2010 when she began offering a weekly class in the TI library. The class moved online when COVID started, which enabled participants to continue their practice from home. Being online also brought in some congregants who had relocated to California and Florida over the years.

Now more than just a yoga class, the group also gathers to light candles together on Zoom during *Chanukkah* and share articles and photos of interest. While there are no age limits (over or under) for joining the class, the majority of these students could appropriately be called either "*Bubbe*" or "*Zayde*."

Last September, Fishman became owner of a local yoga studio called the Happy Yogi, where she had taught for 15 years. Originally located in what was known as the "big red barn" in Olney, the previous studio owner terminated the lease during the pandemic. With the return of

in-person classes, Fishman found herself searching for a new location. That led to a partnership with Tikvat Israel.

TI has become a venue for offerings to the public, in addition to the original class for TI members.

Starting Jan. 5, new sessions of these two classes will be available on Thursdays in the TI Library annex:


- 4-5:15 pm – Functional Yoga for TI members and friends/family only. *Bubbes* and *Zaydes* are welcome and will be in good company.
- 6-7:15 pm – Vinyasa Flow class through Fishman's studio, the Happy Yogi Cooperative. TI members get a 20 percent discount in registration fees.

Both of these classes are also available via Zoom, for those who prefer to practice from home. Contact Sarah at [namastesarah@gmail.com](mailto:namastesarah@gmail.com) for more information or to sign up for either class.



Sarah Fishman (standing) runs weekly yoga classes in the TI Library annex.

# JANUARY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1 8 Tevet 9:00 AM Minyan 7:30 PM Minyan	2 9 Tevet 8:00 AM Minyan 7:30 PM Minyan ** TI Office and ECC Closed **	3 10 Tevet 8:00 AM Minyan 7:30 PM Minyan ☆ Asara B'Tevet	4 11 Tevet 8:00 AM Minyan 7:30 PM Minyan	5 12 Tevet 8:00 AM Minyan 7:30 PM Minyan	6 13 Tevet 8:00 AM Minyan 4:43 PM Candle Lighting 6:00 PM Kabbalat Shabbat	7 14 Tevet 9:30 AM Preliminary Service 10:00 AM Shabbat Services (Parashat Vayechi) 5:46 PM Havdalah
8 15 Tevet 9:00 AM Minyan 7:30 PM Minyan	9 16 Tevet 8:00 AM Minyan 7:30 PM Minyan	10 17 Tevet 8:00 AM Minyan 7:30 PM Minyan	11 18 Tevet 8:00 AM Minyan 7:30 PM Minyan 8:00 PM Women's Network Book Club	12 19 Tevet 8:00 AM Minyan 7:30 PM Minyan	13 20 Tevet 8:00 AM Minyan 4:43 PM Candle Lighting 6:00 PM Kabbalat Shabbat	14 21 Tevet 9:30 AM Preliminary Service 10:00 AM Shabbat Services (Parashat Shemot) 11:15 AM Torah Club Noon Shabbat Learning 5:52 PM Havdalah
15 22 Tevet 9:00 AM Minyan 10:30 AM Women's Network Rosh Chodesh Event 7:30 PM Minyan, TI Teens Event with Rabbi Israel	16 23 Tevet 8:00 AM Minyan 7:30 PM Minyan ** TI Office and ECC Closed **	17 24 Tevet 8:00 AM Minyan 7:30 PM Minyan	18 25 Tevet 8:00 AM Minyan 7:30 PM Minyan 8:00 PM Sh'ma Koleinu Class	19 26 Tevet 8:00 AM Minyan 7:30 PM Minyan	20 27 Tevet 8:00 AM Minyan 4:49 PM Candle Lighting 6:00 PM Kabbalat Shabbat	21 28 Tevet 9:30 AM Preliminary Service 10:00 AM Shabbat Services (Parashat Vaera) 11:00 AM Shabbat Family Jam w/Auntie A 5:59 PM Havdalah
22 29 Tevet 9:00 AM Minyan 11:00 AM Women's Network Virtual Paris Resistance Tour 7:30 PM Minyan	23 1 Shevat 8:00 AM Minyan 7:30 PM Minyan ☆ Rosh Chodesh Shevat	24 2 Shevat 8:00 AM Minyan 7:30 PM Minyan	25 3 Shevat 8:00 AM Minyan 7:30 PM Minyan 8:00 PM Sh'ma Koleinu Class	26 4 Shevat 8:00 AM Minyan 7:30 PM Minyan	27 5 Shevat 8:00 AM Minyan 5:05 PM Candle Lighting 6:00 PM Kabbalat Shabbat	28 6 Shevat 9:30 AM Preliminary Service 10:00 AM Shabbat Services (Parashat Bo) 10:30 AM Torah Club Noon Shabbat Learning 6:09 PM Havdalah 6:45 PM PJ Havdalah 7:45 PM Israeli Film Festival
29 7 Shevat 9:00 AM Minyan 7:00 PM The Imam and the Rabbi 7:30 PM Minyan	30 8 Shevat 8:00 AM Minyan 7:30 PM Minyan	31 9 Shevat 8:00 AM Minyan 7:30 PM Minyan				

# FEBRUARY 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 10 Shevat	2 11 Shevat	3 12 Shevat	4 13 Shevat
			8:00 AM Minyan 10:00 AM Blood Drive 7:30 PM Minyan	8:00 AM Minyan 7:30 PM Minyan	8:00 AM Minyan 5:13 PM Candle Lighting 6:00 PM Kabbalat Shabbat 7:00 PM Tu B'Shevat Seder	9:30 AM Preliminary Service 10:00 AM Shabbat Services (Parashat Beshalach) 6:14 PM Havdalah 7:45 PM Israeli Film Festival
5 14 Shevat	6 15 Shevat	7 16 Shevat	8 17 Shevat	9 18 Shevat	10 19 Shevat	11 20 Shevat
9:00 AM Minyan 7:30 PM Minyan ☆ Tu B'Shevat	8:00 AM Minyan 7:30 PM Minyan ☆ Creator of the Jewish Zodiac: A Culinary History of Jews in America	8:00 AM Minyan 7:30 PM Minyan 7:30 PM Seth Front, Creator of the Jewish Zodiac: A Culinary History of Jews in America	8:00 AM Minyan 7:30 PM Minyan 8:00 PM Sh'ma Koleinu Class	8:00 AM Minyan 7:30 PM Minyan	8:00 AM Minyan 5:21 PM Candle Lighting 6:00 PM Kabbalat Shabbat	9:30 AM Preliminary Service 10:00 AM Shabbat Services (Parashat Yitro) 11:00 AM Shabbat Family Jam w/Auntie A 11:15 AM Torah Club 6:22 AM Havdalah
12 21 Shevat	13 22 Shevat	14 23 Shevat	15 24 Shevat	16 25 Shevat	17 26 Shevat	18 27 Shevat
9:00 AM Minyan 7:30 PM Minyan	8:00 AM Minyan 7:30 PM Minyan	8:00 AM Minyan 7:30 PM Minyan	8:00 AM Minyan 7:30 PM Minyan 8:00 PM Sh'ma Koleinu Class	8:00 AM Minyan 7:30 PM Minyan	8:00 AM Minyan 5:29 PM Candle Lighting 6:00 PM Kabbalat Shabbat	9:30 AM Preliminary Service 10:00 AM Shabbat Services (Parashat Mishpatim) 6:29 PM Havdalah
19 28 Shevat	20 29 Shevat	21 30 Shevat	22 1 Adar	23 2 Adar	24 3 Adar	25 4 Adar
9:00 AM Minyan 7:30 PM Minyan ** TI Office and ECC Closed **	8:00 AM Minyan 7:30 PM Minyan ** TI Office and ECC Closed **	8:00 AM Minyan 7:30 PM Minyan	8:00 AM Minyan 7:30 PM Minyan 8:00 PM Sh'ma Koleinu Class ☆ Rosh Chodesh Adar	8:00 AM Minyan 7:30 PM Minyan	8:00 AM Minyan 5:37 PM Candle Lighting 6:00 PM Kabbalat Shabbat	9:30 AM Preliminary Service 10:00 AM Shabbat Services (Parashat Terumah) 10:30 AM Torah Club 6:37 PM Havdalah
26 5 Adar	27 6 Adar	28 7 Adar				
9:00 AM Minyan 9:45 AM TI U 7:30 PM Minyan	8:00 AM Minyan 7:30 PM Minyan	8:00 AM Minyan 7:30 PM Minyan				





*Tikvat Israel Congregation*

2200 Baltimore Road

Rockville, MD 20851

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## Fine Dining on Shabbat

Nearly 70 congregants gathered Dec. 9 at Tikvat Israel for *Kabbalat Shabbat*, followed by a delicious dinner prepared by Roz Kram and her volunteers. The menu consisted of roasted chicken, salmon and meatballs in gravy, as well as roasted red potatoes, a vegetable medley and salad. Larry Gorban added the final touch with several well-received desserts, including apple tarts, pecan pie pastry and brownies.

This is expected to be the first of four congregational *Shabbat* dinners. The next one will feature a *Tu B'shevat seder* on Friday, Feb. 3. If you are interested in volunteering with dinner prep or social hall setup, contact Roz Kram ([rozspace@yahoo.com](mailto:rozspace@yahoo.com)) or Felicia Black ([feliciarblack@msn.com](mailto:feliciarblack@msn.com)).



Larry Gorban contributed several baked desserts for the congregational *Shabbat* dinner in December while Roz Kram (middle) attended to the main dishes and accompaniments. Sandra Sheskin assisted both. These photos show them preparing *Shabbat* lunch in honor of Melanie Grishman's 80th birthday on Dec. 10. (Photos by Aaron Chusid)