



Inside This Issue ...

Counted Among Us. Since the start of the pandemic, Leilani (Leah) Lansing has been a regular presence on the shul's Zoom-based *minyan* services. But until she officially completed her conversion earlier this summer, she could not be counted. Read her first-person story **on page 7.**

Standing on Three Pillars. Our new co-presidents, Beth Smith and Sally Kram, describe themselves as “two very different people,” but they are united on one common goal. Read their first joint column as our elected leaders **on page 6.**

Captured on the Boardwalk. Peggy Mitchel, a longtime member of our congregation now living outside Tel Aviv, was more than mildly surprised to discover a photo of herself – with her pro-democracy walking stick in hand — appeared in late July on page 3 of one of Israel's leading national news publications. What does she think about the attention? Check out the account **on page 8.**

A New Tenant. There's a new business run by a familiar face operating on the second floor of the building. It's a place you might wish to consider visiting because it promotes healthy bodies and minds to those who enter. Read what's up there **on page 13.**

Campaign Chairs to be Recognized with Honors on *Simchat Torah*

Every year on *Simchat Torah*, Tikvat Israel honors two congregants who have made significant contributions to our synagogue's spiritual, educational and cultural life as our *Hattan Torah* and *Kallat Bereshit* (respectively, the “groom of the Torah and bride of the beginning”).



Howard Wilchins

This year, the Religious Practices Committee is excited to bestow this honor on Howard Wilchins and Carol Chelemer.

The pair will receive special *aliyot* on *Simchat Torah* at TI and will be the honored guests at a luncheon following the service.

In addition to the many contributions they have made to the synagogue in various leadership positions over the years, the congregation particularly wants to recognize their leadership of the tremendously successful Capital Campaign. The Religious Practices Committee said in announcing the honors: “Our building is a critical enabler of all of the spiritual, educational and cultural activities that enrich congregants' Jewish lives, and the Capital Campaign will help to ensure that we have a home for these activities for many years to come. *Kol Ha-Kavod* to Howard and Carol.”

Chelemer joined Beth Tikva in 1978 (when daughter Becky was ready to start Hebrew School). Her involvement and volunteer leadership over the years include the following: chair of the education committee, corresponding secretary, board member, member of the New Building Fund Committee (1987), nursery



Carol Chelemer

Continued on page 3

WEEKLY RELIGIOUS SERVICES

Monday	7:15 a.m.	7:30 p.m.
Tuesday	8:00 a.m.	7:30 p.m.
Wednesday	8:00 a.m.	7:30 p.m.
Thursday	7:15 a.m.	7:30 p.m.
Friday	8:00 a.m.	
<i>Kabbalat Shabbat</i>		6:00 p.m.
<i>Shabbat</i>	9:45 a.m.	
Sunday	9:00 a.m.	7:30 p.m.

All services are both online and
in person.

CANDLE LIGHTING & HAVDALAH TIMES

Candle Lighting

Friday, Sept. 1	7:21 PM
Friday, Sept. 8	7:10 PM
Friday, Sept. 15	6:59 PM <i>Shabbat & Erev RH.</i>
Friday, Sept. 22	6:47 PM
Sunday, Sept. 24	6:44 PM <i>Erev Yom Kippur</i>
Friday, Sept. 29	6:36 PM <i>Shabbat & Erev Sukkot</i>
Saturday, Sept. 30	7:35 PM <i>Sukkot</i>
Friday, Oct. 6	6:25 PM <i>Shabbat & Sukkot</i>
Saturday, Oct. 7	7:24 PM <i>Shmini Atzeret</i>
Friday, Oct. 13	6:14 PM
Friday, Oct. 20	6:04 PM
Friday, Oct. 27	5:55 PM

Havdalah

Saturday, Sept. 2	8:18 PM
Saturday, Sept. 9	8:07 PM
Sunday, Sept. 17	7:56 PM
Saturday, Sept. 23	7:46 PM
Monday, Sept. 25	7:43 PM
Sunday, Oct. 1	7:33 PM
Sunday, Sept. 8	7:30 PM
Saturday, Oct. 14	7:13 PM
Saturday, Oct. 21	7:04 PM
Saturday, Oct. 28	6:54 PM

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SHUL SHORTS

Welcome Back Event

The synagogue's Welcome Back BBQ (previously called Back to Shul) will take place on Sunday, Sept. 10, from 5-7 p.m. on the front patio and playground area, barring inclement weather. Congregants of all ages are invited to socialize over lawn games, *Sukkot* crafts and cookout fare. You can pick up High Holidays *machzorim*.

The event is free, but register at office@tikvatisrael.org to ensure adequate preparations.

Kabbalat Shabbat with Instruments

The new year's first KS with I is scheduled for Friday, Nov. 17 at 6 p.m. It will be held in person in the social hall and broadcast via livestream. A pre-service reception will begin at 5:30 p.m. If you are willing to be a sponsor, please contact the synagogue office.

This spirited service, led by Cantor Rochelle Helzner, includes uplifting melodies both traditional and new. Future service dates are Dec. 15, March 15 and May 10.

Sukkah Building

The synagogue's *sukkah* erection has a new coordinator. Sandra Schwartz will be taking over the building project on the patio behind the social hall on Sept 10. The work starts at 10 a.m., immediately following morning *minyan*. No previous experience is needed. Contact Sandra at sandra.schwartz4@gmail.com to let her know you are able to help.

New Bridge Playing Group

A new *havurah* for individuals interested in joining a monthly bridge group is being organized. The *havurah* will play duplicate contract bridge (if the number of players allows) or Chicago style. The bridge players will meet at members' homes starting this fall with days and times to be determined. All levels of skill are welcome. Contact Tami Gilston at tgilston@comcast.net or Carol Chelemer at carolchelemer@comcast.net to express your interest.

Blood Donation Opportunity

The next Tikvat Israel blood drive is scheduled for Wednesday, Nov. 8, from 10 a.m. through 3:30 p.m. A signup link will be provided by TI coordinator Robbi Cohen several weeks ahead of the drive, which will take place in the social hall.

High Holidays Roundup

Pretty much everything you need to know about observing the High Holidays at Tikvat Israel is addressed in a mailing sent by the synagogue office to all congregants in mid-August. Members who did not receive the information packet are encouraged to complete the forms online at www.tikvatisrael.org/HHregistration23.

Two other holiday-related announcements are included here:

High Holidays music preparation, led by Cantor Rochelle Helzner, will take place at 8:15 p.m., on Wednesday, Sept. 6.

Join the cantor in person or via livestream for a review and introduction to some of the lesser-known and new congregational music you will hear during the upcoming High Holidays. Familiarity with these melodies will enhance your service experiences.

The cantor will refer to page numbers in the *Lev Shalem Machzor* and will provide a link in advance for those joining via the livestream.

Shofar Blowing Talent. Emma Maphis, a ninth grader in our synagogue community, has offered to blow *shofar* at people's homes or residential settings in September for those unable to attend the synagogue's High Holidays services in person.

Contact Judy Stern, Emma's grandmother, at 301-279-0972 before Sept. 13 to arrange a visit from the teen and her *shofar*.

Congregation Welcomes Newcomers to Our Membership Ranks

Tikvat Israel is pleased to announce five new families have joined the membership ranks over the past few months.

The *Tikvat Israel Bulletin* asked the newcomers to share a few details about themselves, as well as family photographs, so that fellow congregants can welcome them in person during the coming months.

Spencer and Kimberly Lane

Family members: daughters Eliana, 3, and Amalia. 2 months

Residence: Gaithersburg

Occupations: Spencer is a graduate student in computer science. Kimberly is a software engineer currently staying at home with the kids.

Why affiliate with TI: We were looking for a preschool for Eliana and we loved TI's ECC and everyone we met there. We had a wonderful time at the *Purim* puppet show and attending *Shabbat* services. Everyone was very welcoming, and we are looking forward to getting involved and being part of the community.

First impressions of TI: Friendly, creative, and engaging

Miscellaneous: We are going to try to build a *sukkah* for the first time this year so all advice is welcome!



Spencer and Kimberly Lane, along with daughters Eliana and Amalia

Ethan Green and Sara Rie Nakamura-Peek

Residence: Bethesda

Occupations: Ethan is a microbiologist at Walter Reed Medical Center and an active duty U.S. Army captain. Sara is a clinical mental health counselor at Sheppard Pratt helping at risk adolescents and young adults.

SIMCHAT TORAH HONORS, continued from page 1

school comptroller, treasurer, vice president of programs and vice president of administration.

She also was a member of adult education committee, chair of Special Committee to Examine Congregation's Financial Condition, chair of fundraising for the cantor's 36th anniversary concert, chair of trustees of the Fund for the Future and co-chair of Capital Campaign.

Wilchins became a member of the Beth Tikva community with his late wife, Peggy, in 1992. After the merger of Beth Tikva with Temple Israel, he was one of the creators of the Chai Campaign and served as its chair for its first 10 years. His other volunteer leadership includes board member and member of the previous capital campaign committee which was responsible for building what was then called "the new wing."

More recently, he was a member of the search committee that recommended Marc Israel to the congregation as our future rabbi. He says he considers himself "an active *kibitzer* during *Shabbat kiddushes*."

Why affiliate with TI:

Ethan: "My friend Mathew Mintz (a congregant) introduced us, and we loved it."

First impressions of TI:

Friendly, inviting, and genuinely inclusive

Gary Stolovy

Residence: Silver Spring

Occupation: physicist (retired)

Why affiliate with TI: I joined following the death of my mother Estelle Stolovy, a long-time member. I appreciated the livestreamed funeral services and the support of the community.

Miscellaneous: I grew up at Beth Tikva and had my own *bar mitzvah* at the synagogue in 1972.



Ethan Green and Sara Rie Nakamura-Peek

Also joining the congregation's membership ranks in recent months were:

- **Diane Humke and son Seth**, who recently graduated from the ECC.
- **Karen and Louis Lantner**. They are the parents/parents-in-law of congregants Dan and Shira Lantner and grandparents of Jonathan, Elanor and Reuben.

Mazel Tov

... to **Sharon and Dan Jacobs** on the birth of their granddaughter Sophia Rose Clark on July 12. Sophia is the daughter of Sarah and Sean Clark and Jacob's little sister.

... to **Roni and Bob Silverstein** on the *bat mitzvah* of their granddaughter, Kyla Rashbaum, daughter of Jaimee and Danny Rashbaum, on Oct. 14

Congregational Condolences

Condolences to those Tikvat Israel members who lost loved ones recently (July through early August):

to **Susan Apter** on the loss of her mother Etta Kessler, who was also the grandmother of Melissa Apter and great-grandmother of Barak Bardack

to **Felicia Black** on the loss of her brother Thomas Rosenblatt

EXECUTIVE PERSPECTIVE

Behind the Scenes with TI's Office Staff

BY AARON CHUSID, TIKVAT ISRAEL EXECUTIVE DIRECTOR



Chaverim,

I am pleased to share that Susan Davis, Nadia Palacios and I are already looking ahead toward this year's High Holidays. That includes things like printing the letters, scheduling the sound technicians and bringing in contractors to ensure our synagogue is beautiful, comfortable and welcoming as we greet the new year.

But before we get too far into holiday mode, I wanted to update you on several behind-the-scenes projects that are less visible but will have long-term benefits for our congregation.

To start, we have updated the data network throughout the building. In addition to better wifi coverage in the highest-use areas, the connection is now faster and more stable. This makes it easier for us to stay in touch with the outside world, and it is also an important step to prepare for future security and streaming upgrades to our synagogue. The wifi password remains the same, so if you have connected in the past, you should log in to the new network automatically the next time you are in the building.

Additionally, we now have a check scanner in the office that sends paper checks directly to Kesef, our accounting service, avoiding delays caused by mailing times. Reconciling the payments is still a manual process, so it will take a few days to see the payment credited on your account, but the scanner will speed up the process considerably. However, electronic payment remains the most accurate way to make payments and actually saves TI money on each transaction, so please use e-checks or credit cards whenever possible.

Most importantly, the team developed more clearly defined processes and areas of responsibility. Our goal is to increase consistency in how key tasks are handled as we assist members of our congregation. I want to be clear that all three of us will still be glad to assist in any way we can, but we want to give you an initial point of contact.

With that said, contact Susan (susan@tikvatisrael.org) for issues with the facilities, questions about your account and room setup for a function. Contact Nadia (nadia@tikvatisrael.org) for assistance with *B'Kesher*, the *Shabbat* Sheet and event planning/coordination. Contact me for, well, anything else.

I hope your summer is going well, and please keep sharing your feedback on how our team is doing!

Board Retreats to Prepare for Year Ahead

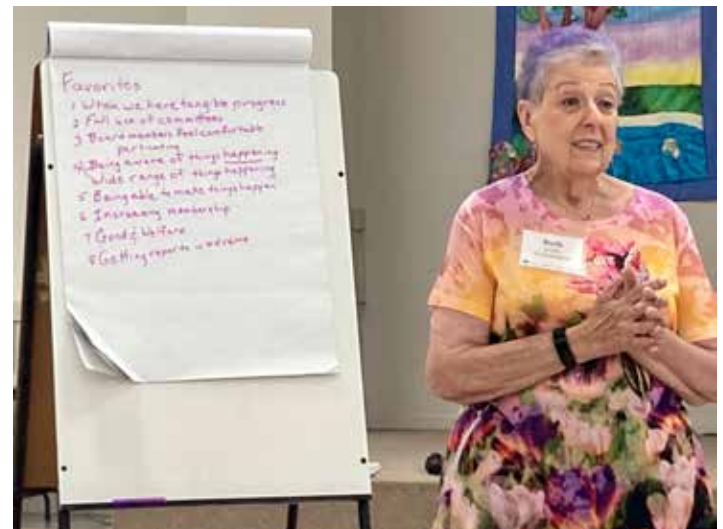
One day after the installation of new officers and board members at *Shabbat* services on July 8, the governing body of Tikvat Israel spent a half-day engaged in thinking about and planning the year ahead.

The July 9 retreat in the *shul's* social hall was co-led by the two incoming co-presidents, Beth Smith and Sally Kram. They committed to three pillars during their two-year term: transparency, professionalism and inclusion.

Fifteen board members participated in the retreat.



More than a dozen members of the TI governing board spent a Sunday in July at a retreat to prepare for their important work. (Photo by Felicia R. Black)



Co-president Beth Smith led fellow board members through a summer retreat exercise to identify goals for the coming year. (Photo by Felicia R. Black)

RABBI'S CORNER

What's New About This Year?

BY RABBI MARC D. ISRAEL



There is an incredible new energy reverberating throughout Tikvat Israel!

• **What's that Noise?** In addition to our daily *minyans*, *Shabbat* services, and the Early Childhood Center, our building serves as a home to the Haberman Institute for Jewish Studies and the Happy Yogi Cooperative, as well as a weekly meeting place for Israeli

Dancing, Chai Dynamics, Toastmasters, the Society for Creative Anachronism and the Washington Metropolitan Gamer Symphony Orchestra. This eclectic group of rentals reflects the broad range of interests and talents at Tikvat Israel.

- **Getting to Know You, Getting to Know All About You.** In the past three years, we have had nearly 30 new members join Tikvat Israel, including young families, recent retirees, and former members who have recently returned. Our Membership Committee, under the leadership of Melissa Apter, has creative ideas on how we can retain members, attract new ones, and build a greater sense of community for all of us.
- **Caution: Work Zone!** Thanks to your generosity, our Capital Campaign has nearly reached its goal, and not a moment too soon! Almost every day we have workers coming in to repair some of our "ancient" infrastructure and to modernize our building for decades to come. With our new cleaning company and landscapers, the aesthetics of the building continue to improve each day.
- **Teach Your Children Well.** Our Early Childhood Center continues to burst at the seams, with waiting lists for some classes. We look forward to launching *Netivot*, our new program for children in kindergarten and first grade. Elliot Cowan and our teens continue to teach our pre-*bnai mitzvah* students the art of Torah reading through our Torah Club. On *Shabbat* mornings, the beautiful sounds of children playing fills the back of the sanctuary, adding joy to all of our prayers.
- **Changing of the Guard.** After serving as co-president for two years and as president on his own for two more, Warren Berger is now our immediate past president. Sally Kram and Beth Smith are our new co-presidents and they, together with our new executive committee, board of directors, and Executive Director Aaron Chusid, have been hard at work planning programming and making further improvements to the "business" end of our operations.

- **These are the People in My Neighborhood.** Our Social Action Committee, under the leadership of Amy Sanders, and our SeaChange leadership team have been working to build partnerships in the community to help those in need and to create more equitable policies in our county. In addition, I have been building a network of clergy partners to create opportunities for us to work together on projects with our Christian and Muslim neighbors. This is in addition to the many amazing ongoing projects that our members coordinate throughout the year.
- **Oh, What a Tangled Web We Weave.** Construction of our new website is now well underway, with the design stage nearly complete and the work beginning to populate the site with updated content. We believe the new site will bring us into the 21st century by being aesthetically attractive, easy to navigate, and adding new functionalities.



Rabbi Israel introduces young children in the Early Childhood Center to the Torah scroll.

SYNAGOGUE MUSICIANS SOUGHT

Interested in performing easy versions of Klezmer music, Israeli tunes and '40s pop hits?

A Tikvat Israel musical group is seeking anyone who plays an instrument. Especially needed are rhythm players. Contact Mike Cohen at 202-802-0621 or mncohenster@gmail.com.

PRESIDENTS' CORNER

Meet Your New Co-Presidents

BY BETH SMITH AND SALLY KRAM, TIKVAT ISRAEL CO-PRESIDENTS



Beth Smith



Sally Kram

Writing our first article for the *Bulletin* is challenging in so many ways. We want it to be meaningful and interesting and, and, and . . .

We are two very different people with one common goal, to see Tikvat Israel grow and thrive. With a strong commit-

ment to our strategic plan, we have given a lot of thought to what we want our administration to be known for. That vision includes three pillars — transparency, professionalism and inclusiveness.

Our first pillar, transparency, is simple. We want everyone to know what is going on. Unlike decades ago, when people joined congregations, paid their membership dues and participated in fundraisers but had no idea how the money was used and often didn't care, today's members want to know about all those things. We are committed to making sure you have the information you need to intelligently support our congregation.

To that end, our new treasurer, Barry Lipsy, and financial secretary, Ira Benzion, are working on ways to make our budget easier to understand. We also plan to open our monthly board meetings to any congregant who wants to attend and make all board actions and documents available for member inspection.

Having information about what we have done in the past and using it to provide guidance for the future is an additional pillar

of our presidency. Over the past program year, Aaron Chusid, our executive director, has designed a budget form that helps volunteers better identify congregational funds and resources needed for planned activities.

Over the same program year, Sally Kram (as former vice president for programming) created the first iteration of the program planning sheet that current VP for Programming Rachel Laveer is building upon to assist program leads in pulling their ideas together. The budget form and planning worksheet are just two examples of how we plan to run our synagogue like a professional organization to keep it solvent and working efficiently. These are some of the reasons why professionalism is our second pillar.

Our third pillar, inclusiveness, is how TI will benefit from our members' varied experiences, knowledge and expertise while also meeting their spiritual and Jewish cultural needs. For example, while some congregants are proficient in reading Hebrew, others follow the whole or parts of religious services in English. We plan to meet all of our congregants where they are to make the religious experience richer for all. As another example, we are encouraging all congregants to wear a name badge at *Shabbat* services so that we can more easily mingle as a community.

By these means, we hope to make everyone feel accepted and part of our wonderful TI community.

Please feel free to contact either of us with your suggestions, questions or needs at sallykram939@gmail.com or ticoprezbeth@gmail.com. Together we can make our synagogue the very best place to belong.

Wishing everyone a happy, healthy and safe New Year. *L'shanah tovah u'metukah.*

Torah Fund Launches Campaign with Theme of Responsibility

BY ANITA BRENNER, TIKVAT ISRAEL TORAH FUND CHAIR

The 2023-24 campaign for the Torah Fund has commenced with the theme, *Kol Yisrael Arevim Zeh Ba'Zeh*, meaning all the people of Israel are responsible for one another.

Tikvat Israel's Women's Network has proudly supported Torah Fund for many years. Those who contribute \$180 or more will receive the special pin designed for this campaign. The pin highlights *arevut*, or responsibility. It corresponds to the theme from the Babylonian Talmud, *Shevuot* 39a, that all the people of Israel are responsible for one another.



The Torah Fund supports scholarships and programs at Conservative/Masorti institutes of higher Jewish learning. As the dedicated philanthropy of the Women's League for Conservative Judaism, Torah Fund has raised nearly \$108 million in its 80 years.

Torah Fund scholarships and programs benefit students at the Jewish Theological Seminary, Ziegler School of Rabbinic Studies, Schechter Institutes, Seminario Rabinico Latinoamericano

and Zacharias Frankel College. Thanks to the generosity of our donors, we help committed Jewish students become the rabbis, cantors, educators, synagogue administrators, social workers, scholars, researchers and lay leaders of tomorrow. When you support Torah Fund, you help educate students in New York, Los Angeles, Israel, Latin America and Europe—and you align with those who value learning, knowledge and providing the future generation with relevant skills to fortify the Jewish people.

Torah Fund heartily accepts contributions of all sizes. I want to thank our members who have so generously contributed over the years.

Visit www.jtsa.edu/torah-fund to contribute electronically directly to Torah Fund, making sure to designate Tikvat Israel Congregation as your affiliate. Please notify me at anitabrenner@comcast.net of any contributions so I can ensure they are credited to our account.



My Conversion to Judaism

BY LEILANI (LEAH) LANSING

For 68 years, I was a Christian. For the last seven, I have been studying and worshipping in the Jewish way. I had my *mikveh* ceremony under the guidance of Rabbi Marc Israel on June 26.

My journey to Judaism began in earnest in 2016. That was when I moved from Northern Virginia to Montgomery County to be closer to family and because it was much more Jewish. Through Google, I found an Orthodox *shul*, where I immersed myself in many classes and in worship. Then, through a Jewish friend, I was introduced to Tikvat Israel Congregation.

Starting with the pandemic, I was able to worship online during the week. But it was sad for me to not be counted in a morning or evening *minyan*. I continued to worship on *Shabbat* with my Orthodox *shul* and to take classes in the Torah and other subjects. I bought myself a Jewish cemetery plot, but the Garden of Remembrance indicated I could not be buried there unless I converted officially.

I realized I could no longer wait to be converted when I received a cancer diagnosis in fall 2022. I felt I could not yet become Orthodox because my Sabbath observance was not good enough. I wanted to be able to drive to *shul* so when Rabbi Israel, as part of the American Conservative movement, offered to convert me, I was happy. It has changed my whole life in many ways. Although I have visited the *mikveh*, I feel like I am still gradually becoming more and more Jewish.

Seven years ago, a Jewish friend asked whether I really believed all the Christian doctrines. The authoritative litmus test about whether one is Christian or not, ever since Constantine in the 4th century, has been the Nicene Creed. So I prepared a spreadsheet on paper with pencil and eraser, not on the computer. I listed each phrase of the Nicene Creed and checked one of three columns:

I believe it;
I don't believe it;
I'm not sure.



Leah Lansing with Rabbi Marc Israel, who worked with her during the final stages of her seven-year conversion to Judaism earlier this summer.

When I came to the phrase “Jesus is True God of True God,” I realized I do not believe that. Therefore, I could no longer call myself a Christian.

I believe there is only one God. I never could understand nor believe the Christian doctrine about the Trinity. It still felt like three gods. I do not believe the one God has a physical form, that He looked like a human being. I believe He was the first. How could He have a mother? I discovered I was strongly monotheistic. So I had to choose: Would I become Jewish? Or Muslim? I chose Judaism because I already had a background in the Old Testament and I was especially fond of the Psalms.

My conversion to Judaism took place over seven years. It involved not just book learning but also matters of behavior and character. In terms of behavior, I have not eaten pork or shellfish for the last seven years. I have not mixed meat and dairy. However, I have occasionally ordered a non-kosher steak at Outback with my family. I intend to improve that kind of behavior. I have observed *Shabbat* over that time, but not perfectly. Sometimes I drove on *Shabbat*.

It's also been a test of character. It takes years to be trusted as a genuine convert.

As a Jew, I now take great joy in being counted in a Tikvat Israel *minyan*, and I look forward to continue learning and practicing my Jewish faith and improving spiritually.



Congregants celebrated the completion of Leah Lansing's conversion during a *Shabbat kiddush* in July. (Photo by Jay P. Goldman)

Israel-Based Member Catches Eye of Noted News Photographer

BY JAY P. GOLDMAN, EDITOR, *TIKVAT ISRAEL BULLETIN*

On July 23, the weekend magazine section of *Haaretz*, a leading news publication in Israel, carried a photo of Peggy Mitchel, a member of our congregation since 1990, on the Tel Aviv Boardwalk.

The photo, appearing above the magazine's table of contents on page 3, shows Mitchel with her walking cane, which she uses because of partial blindness. She added Israeli flag pennants to her cane as part of her participation in pro-democracy protests across the country. She said she bought the pennants right before *Yom Haatzmaut* and tied a string of pennants to her apartment balcony.

"I have no idea why *Haaretz* decided I should be in their magazine," says Mitchel, who goes by the name "Miri" among her friends in Israel. "I didn't know about it until the wife of my rabbi here in Tel Aviv told me that she'd seen my photo."

Mitchel has lived in Yafo, south of Tel Aviv, since shortly after relocating from Rockville in July 2017. Her apartment is a short walk from the boardwalk that runs up and down in Tel Aviv along the Mediterranean coast. It's her favorite way to walk in Tel Aviv to avoid crossing busy streets and skirting Israeli drivers.

"I just have to dodge Israeli cyclists, e-scooters, skateboarders, in-line skaters, etc.," Mitchel says. "But it is glorious to see the blue sky over the bluer sea, to watch the dogs frisking on the beach, the surfboard classes, all the Israelis using the beach volleyball pitches to play a hybrid of volleyball and soccer and all the people and dogs on the boardwalk."

The image was captured by photographer Alex Levak, who won the Israel Prize in 2005, one of the country's highest cultural honors. Mitchel received permission from the publication's management to share the image with friends and family and her synagogue's newsletter with proper crediting to *Haaretz* and the photographer.



TI member Peggy Mitchel shown at one of the pro-democracy rallies she has attended near her home south of Tel Aviv recently.

"My photo has a title in the lower right corner that Google translates as 'the 21st Century,'" says Mitchel. "I joked with my friends that I must be the female version of Father Time."



This photograph of Peggy Mitchel appeared on the contents page in *Haaretz*, an Israeli news publication. It is used with permission of *Haaretz* and photographer Alex Levak.



Fund for the Future Trustees Pick Officers

Larry Gorban was unanimously selected to serve as chairperson, and Fortuna Scheige agreed to continue as secretary during the July 30 meeting of the trustees of Tikvat Israel's Fund for the Future.

New trustees Susan Apter and Jayme Sokolow were welcomed. A third new trustee, Steve Raucher, was unable to attend. All have been provided copies of the fund's bylaws and most recent financial report.

Continuing trustees are Mike Amster, Ellen Eisner, Aaron Fineman, Larry Gorban, Rebecca Salon and Fortuna Scheige.

Outgoing Chair Carol Chelemer concluded her term as a trustee.

If you are interested in contributing to the Fund for the Future, our congregation's endowment fund, please contact a trustee. The fund's current balance is nearing \$750,000.



Tikvat Israel High Holidays Hospitality 2023/5784

In ancient times, hospitality was not just good manners. Welcoming fellow Jews was a moral imperative and a matter of survival. Jews from other communities provided opportunities for marriage, partnerships, comfort, and alliances in times of need. In modern times, these needs still exist. Many of us are hungry for companionship, emotional support, and the voices of others. If this describes you, please let us know if you have room at your table for guests, or if you need a place to go for the evening Yom Tov meals.

Please fill out the attached form by Sept. 5 and return it to the office. You may also contact Hope Levy Kott directly at (301) 921-8268 or hkott@aol.com.

Name _____

Best phone number/e-mail _____

For Hosts	For Guests
<input type="checkbox"/> Yes! We would like to host a <i>Yom Tov</i> meal. We have room for as many as _____ people.	<input type="checkbox"/> Yes! I / We would like to attend a <i>Yom Tov</i> meal
<input type="checkbox"/> <i>Erev Rosh Hashanah</i> , Friday, Sept. 15 <input type="checkbox"/> the second night , Saturday, Sept. 16 <input type="checkbox"/> <i>Yom Kippur break fast</i> , Monday, Sept. 25	<input type="checkbox"/> <i>Erev Rosh Hashanah</i> , Friday, Sept. 15 <input type="checkbox"/> the second night , Saturday, Sept. 16 <input type="checkbox"/> <i>Yom Kippur break fast</i> , Monday, Sept. 25

For Guests: List the names (and ages of children) of all who will be attending:

Name(s)	Age (if child)
_____	_____
_____	_____
_____	_____
_____	_____

Please indicate if your family: **(For both hosts and guests)**

- does does not keep Kosher.
- does does not eat exclusively vegetarian meals.
- does does not observe traditional *Yom Tov* restrictions.

Please tell us anything else your host would need to know (allergies, transportation needs, etc.):

May You Be Inscribed in the Book of Life for a Good Year!

WOMEN'S NETWORK

A New Year of Programming with Favorites and Surprises

BY BRENDA BROOKS, CO-PRESIDENT, WOMEN'S NETWORK



We hope everyone had a fun and relaxing summer. As we are approaching the High Holidays, we wish you a *shanah tovah umetukah!*

Women's Network is excited about beginning a new year of events. Susan Apter and I have taken over the helm from Janice Balin as our group's co-presidents. Elyse Bernstein is our new treasurer. Anita Brenner will continue as the Torah Fund chair, and Amy

Matathias will continue as our communications expert, sending informative weekly newsletter e-mails. We welcome Elyse in her new role and thank her, Anita and Amy for their leadership.

Other volunteers that we'd like to highlight are Fortuna Scheige and Maxine Perlmutter, for continuing to serve as co-chairs of our excellent *Rosh Chodesh* learning programs. The purpose of these educational programs is to celebrate Judaism, engage in lively discussions and provide support for one other.

The Women's League for Conservative Judaism held a convention on July 16-19 in Schaumburg, Ill. It was the first in-person convention in several years. There was an option to participate virtually, which I took advantage of in lieu of traveling to Illinois. I enjoyed the many vibrant speakers and witnessed the honor bestowed on Tikvat Israel Women's Network as a recipient of the Jewels in the Crown award.

Following the convention, the annual theme for the WLCJ Torah Fund was announced as "*Kol Yisrael Arevim Zeh Ba'Zeh*," meaning "All the people of Israel are responsible for one another."

This year's membership letter has been sent out through our weekly e-mails and the High Holidays mailing. It contains information about Women Network's registration and payment for 2023-24. The enrollment process and membership dues are the same as last year. In addition to your membership registration, we hope that you will support the Torah Fund. It is an important initiative that promotes and perpetuates Conservative/*Masorti* Judaism through the education and training of rabbis, cantors, scholars, educators and more. (See related story on page 6.)

Our Women's Network held its annual planning meeting in mid-June, where we discussed the many events that we'd like to convene this coming year. Our first event, scheduled for Wednesday, Sept. 20, on Zoom, is a discussion of the book *Kantika* by Elizabeth Graver. That will be followed by our big opening membership event, on Sunday, Oct. 22, in the TI social hall. Our theme this year will be Israel, in recognition of its 75th anniversary. Our program will include some delicious Israeli food for all to enjoy.

Looking at this year's calendar, we are planning five book group meetings, three *Rosh Chodesh*/learning programs, the annual Shelly Goldin *Shabbat*, a Women's Network-sponsored *kiddush* lunch around *Chanukkah*, the *Mishloach Manot* Purim program,

a virtual travel event, a museum trip, the annual Washington Nationals baseball outing and more. Details will be provided in our weekly e-mail newsletters.

Also look for this year's bookmark during the High Holidays. We have a lot to look forward to. Thank you in advance to all our volunteers who will be working on our programs and activities. Now let's roll up our sleeves and get started!



Maxine Perlmutter was one of the organizers of a Women's Network event in June on decluttering your home or apartment. (Photo by Felicia R. Black)



Larry Gorban shared his thoughts on keeping a decluttered home during a Women's Network program in the Flax Library. (Photo by Felicia R. Black)

MEAL TRAIN SUPPORT

A meal train has been operating to support TI office staff member Susan Davis. To participate, go to the organizing site at <https://www.mealtrain.com/trains/328500>.

EDUCATION AND YOUTH

Religious School Begins; Teen Group and Family *Shabbat* Meals Resume

BY JUDY STERN, VICE PRESIDENT
FOR EDUCATION AND YOUTH



Tikvat Israel is opening a Sunday school program for children who will be in kindergarten or first grade in the fall.

The *Netivot* class will be held for 90 minutes beginning at 9:30 on Sunday mornings. Hands-on activities, music, art, holidays and learning about what it means to be Jewish will be the focus. Children and grandchildren of TI members are invited to attend. In addition, children from the outside community are

welcome to participate in the program.

The class will begin in mid-September, so there is still time to register! If you have questions, please contact me at judymstern7@gmail.com

Further information and registration are available on the TI website at tikvatisrael.org/Netivot.

TI Teens

Teenagers met in August with Executive Director Aaron Chusid to design a comfortable Teen Lounge at the synagogue. This will be the location of some of this year's activities.

Likely programs in 2023-24 will include game nights, social action projects, art activities and *Havdalahl* movie nights. Students in grades 7-11 are invited. The group is open to synagogue members, as well as friends and relatives in the outside community. If you know an interested teen, please pass along their contact information to me, so we can include them on our mailing list.

Family *Shabbat* Dinners

Our well-attended and successful early *Shabbat* dinners for families of young children, under the auspices of the Early Childhood Center Family Network at TI, will resume in September. Families of ECC children, as well as parents and grandparents with young children and friends, are welcome at these monthly dinners. A short children's *Shabbat* service and activity will be followed by a dinner with child-friendly food, and dinner for adults.

Our first Young Families *Shabbat* Dinner will be held on Friday, Sept. 29, in the synagogue's *sukkah*. Watch *B'kesher* for more details and registration information.

A grant received from the Jewish Federation of Greater Washington is supporting the series of family dinners on *Shabbat*.

Revitalizing Our Congregation's *Havurah* Program

BY MELISSA APTER, TIKVAT ISRAEL RECORDING SECRETARY

H.A.V.U.R.A.H. The synagogue's Membership Committee is pleased to share that many congregants have completed the *havurah* interest form and that recruitment is underway for a new bridge *havurah* (see story, page 2).

Meet-and-greet events for potential new *havurot* will be facilitated immediately following the High Holidays, so if you wish to be matched, submit the interest form by *Erev Rosh Hashanah* (Sept. 15). The form is accessible on the website at tikvatisrael.org/havurah-program.

The interest form will remain open indefinitely, but congregants are encouraged to get in on "round one."

Havurot, also known as friendship groups, are a longstanding tradition at TI. Recognizing that it has been quite a few years since a new *havurah* was formed, the Membership Committee revamped the *havurah* web page and interest form with the goal of assisting members seeking to form or join a friendship group.

At TI, *havurot* typically are comprised of six to 12 member households and are self-directed, meaning the group members set their own activities calendar. There are approximately a dozen long-established TI family *havurot* that were originally organized around families with children in the same ages and stages. Though many of those children have since left the nest, the adults continue to socialize regularly. There are also *havurot* organized around shared interests, such as music and theater, art, hiking, sharing *Shabbat* meals and more.

To learn more about *havurot* and/or to fill out the interest form, visit tikvatisrael.org/havurah-program. Questions with a red asterisk next to them must be completed to successfully submit the form. A copy of your responses will be automatically sent to your e-mail address, and you can expect a response from Melissa Apter, membership chair, within one week of completing the form.

A Common Courtesy

Our members are asked to respond by the given deadline when an RSVP is requested for a synagogue event, even when there is no participation charge. Whether it's a special *kid-dush* or another program where attendance totals make an important difference, your timely RSVP helps event organizers know how much food to prepare, how many chairs and tables to set up and how many copies of materials to have available. It's considered common courtesy.

Frequently Asked Questions About TI's Library

BY JANICE ROSENBERG, LIBRARY COMMITTEE CHAIR

Q. Where is the Herman J. Flax Library located?

The library is located past the synagogue offices at the end of the first floor of the school wing.

Q. What are the library's hours?

The library does not have specific hours. Its doors are always open.

Q. How many books are in the Herman J. Flax Library?

The library has over 1,600 works on its shelves, including fiction, non-fiction, biographies and children's books.

Q. How do I borrow books?

To borrow a book, send an email to TikvatIsraelLibrary@gmail.com, and include the book title, your name, and contact information. Items can be borrowed for three weeks with one renewal.

Q. Who can borrow books from the Herman J. Flax Library?

Synagogue members and ECC families can borrow books.

Q. Does the library accept donations of books?

The library accepts donations in good condition published since the year 2000, Jewish classics or books of historical significance. Leave donated items in the library. Be sure to include a slip with your name and contact information.

While you visit TI's library, you may run across the following suggested titles.

Fiction:

The Family Orchard, by Nomi Eve. A story of an unforgettable family and the orchard they've tended for generations.

The Librarian of Auschwitz, by Antonio Iturbe. An incredible story of a girl who risked her life to keep the magic of books alive during the Holocaust.

Only Yesterday, by S.Y. Agnon. A seemingly simple tale about a man who immigrates to Palestine with the Second *Aliyah*—those several hundred idealists who returned between 1904 and 1914.



Veteran TI library volunteer Sandra Sheskin (right) with new volunteer Marsha Lyons. (Photo by Janice Rosenberg)

Non-Fiction:

Jewish Justices of the Supreme Court: From Brandeis to Kagan, by David Dalin. Examines the lives, legal careers, and legacies of the eight Jews who have served or who currently serve as justices of the U.S. Supreme Court.

Jewish Women Pioneering the Frontier Trail: A History in the American West, by Jeanne E. Abrams. Traces the history and contributions of Jewish women in the American West.

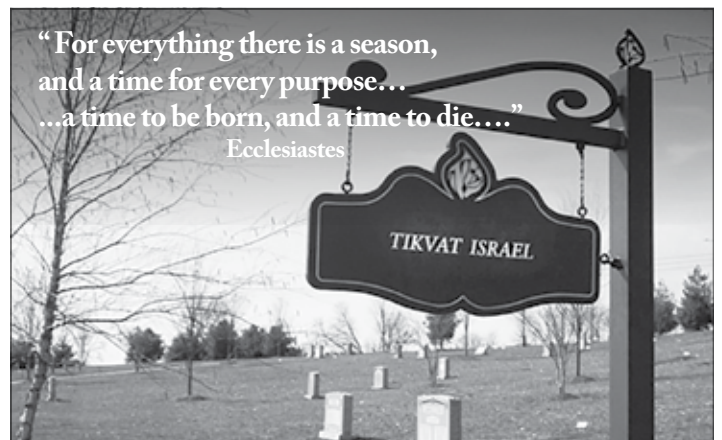
The 100 Most Jewish Foods: A Highly Debatable List, by Alana Newhouse. Features 100 Jewish recipes along with cultural and historical context.



Comforting Support

We wish to thank our Tikvat Israel family for the comforting support received on the loss of Etta D. Kessler, including thoughtful contributions, *shiva* food and showing up in person to our home, risking (and for some unfortunately) catching COVID, to our dismay. Hope everyone is well recovered.

With much appreciation,
Susan K. Apter and family



When you purchase family burial spaces in the Tikvat Israel Congregation Section at the Garden of Remembrance, your thoughtfulness will echo from generation to generation.

As a full-service partner to you and your family, in advance or at your time of need, our experienced staff can assist and care for all of your decision-making needs. We provide funerals at graveside, in our new Memorial Chapel, or in our Gazebo, and offer a wide selection of upright, slant, and grass-level granite and bronze memorials.



Garden of Remembrance

GAN ZIKARON MEMORIAL PARK

Serving the Jewish Community and its Congregations,
One Family at a Time

Yoga Studio Takes Residence on TI's Upper Level

BY MELISSA APTER, CONTRIBUTING EDITOR, *TIKVAT ISRAEL BULLETIN*

Head up the stairs to the second floor of Tikvat Israel, and as you round the corner past the Haberman Institute for Jewish Studies, remove your shoes at the classroom door to be transported to a Zen treehouse in the sky.

The Happy Yogi Cooperative, a yoga studio owned by Sarah Fishman, who has been teaching yoga for 16 years, has moved as a tenant into the synagogue this past spring and transformed what was previously an elementary school classroom into a thriving yoga studio. It's the culmination of a long affiliation with our site.

Fishman says her first attempt at offering a class at the synagogue was thwarted by "Snowmageddon" back in winter 2010. Thankfully, the Women's Network, which sponsored the trial class, rescheduled what proved to be a massive hit.

"I remember having to stand up on a table because the library annex was so full, so I got up on the table so people could see me," Fishman recalls.

That introductory session evolved into the Thursday 4 p.m. class, often populated by *bubbes* and *zaydehs*, though you don't have to be a grandparent to participate. It has been meeting for 13 years. The class continued to meet online during the height of the pandemic, and there are members who continue to participate online. However, within the past year, two things became clear: first, folks had a yen to return to in-person practice, and second, online yoga had reached its peak attendance. But where to go?

The previous owner of The Happy Yogi made the tough decision in June 2022 to give up the studio's longtime home at the Big Red Barn in Olney's Antique Village. Fishman assumed ownership three months later and initially approached TI Executive Director Aaron Chusid about renting space in the library for just one class from last November through this past March. He suggested she tour the upstairs space previously used by the now-defunct Hebrew Day Institute as a possible new home for the studio. It was a match. In April, following renovations, The Happy Yogi had a home once again.

With the help of her husband Luke Jessup, owner of Father Nature Restorative Landscaping, and a team of volunteers, Fishman's crew took out bookshelves, installed antimicrobial cork flooring, removed chalkboards and bulletin boards, painted the walls sky blue and hung tree branch fabric to cover the fluorescent lighting fixtures. RCI Systems, which handles audiovisuals for TI during the High Holidays and cantor's concerts, installed a state-of-the-art sound system and eye-in-the-sky camera that with a click of a remote-control button can follow a teacher around the room so those watching online or watching a recording can follow along.

The studio presence marks a full-circle moment for Fishman, daughter of longtime congregants Betty and Cliff Fishman. She grew up at then-Beth Tikva and later TI and attended HDI as a child, albeit at a different location.

In-studio sessions are taught by one of The Happy Yogi's six instructors Sunday-Friday (concluding before *Shabbat* begins), as well as at locations throughout Montgomery County. What sets the studio apart from others in the region is that even the more athletic classes are taught through a therapeutic lens.



During the setup last spring of her new yoga studio on the second floor of TI, Sarah Fishman (left) took a moment to demonstrate a pose.

That philosophy was on full display at a recent Thursday afternoon class. Fishman began by checking in with each student, in-person and those participating online, to see how they were feeling and inquiring about any pains or injuries. With calm and confidence, she led the students through poses, offering modifications for those of differing abilities and gently correcting posture. In the final moments of the class, she dimmed the lights, turned up soothing mantra music and guided the students to savasana, the final resting pose.

But is it permissible by religious standards to have a yoga studio in a synagogue? Yes, because yoga is not a religion. Even the small Buddha statue in the corner of the studio is unproblematic, Rabbi Israel assured Fishman, quoting from *Rambam Mishneh Torah Avodah Zarah* 7:6 that explains that Jews are allowed to benefit from images made by non-Jews for aesthetic purposes rather than the sake of idol worship.

"Yoga allowed me to deepen my relationship with Judaism, and I give TI and Judaism a lot of credit for that because there are other religions that see yoga as contradictory to their faith," says Fishman. "Yoga is a good way to deepen your spirituality overall."

Rabbi Israel and Fishman hope to collaborate on *Shabbat* yoga and Torah yoga programming for congregants.

In addition to Fishman's studio, two other yoga-related tenants have moved onto the second floor. Dr. Monya Cohen offers psychotherapy and yoga therapy to clients through her practice in room 21. (She and her husband Dave were married by TI Rabbi Emeritus Howard Gorin more than 30 years ago.) Lisa Danahy is renting the former archives room to run Create Calm, a nonprofit that brings yoga and mindfulness practice to children in underserved communities.

To learn more about The Happy Yogi Cooperative, visit thehappyyogi.com. Tikvat Israel members can make use of an 18 percent discount on class passes.

The Season to Support Our *Chai* Campaign

BY JAYME SOKOLOW, *CHAI* CAMPAIGN CHAIR

September's High Holidays are a reminder that Tikvat Israel's *Chai* Campaign 5784 is underway. In late August, all congregants were expected to receive a letter about the campaign along with a pledge form.

To continue to thrive and fulfill our mission, Tikvat Israel needs a financial commitment from all of us through our annual *Chai* Campaign. This is especially true this year because we continue to face institutional and budgetary challenges.

Our membership dues cover only part of what is needed to maintain our staff, facility and programs. It is up to us to put into action what we commit ourselves to in prayer at this special time of year. Please be as generous as your circumstances allow.

Last year, we achieved our goal of raising a record \$80,000. With your support, we can achieve it once again.

Our donation levels take into consideration all income levels, allowing every member unit the *mitzvah* of giving. These are the categories of giving: Diamond (\$5,400), Platinum (\$3,600), Gold (\$1,800), Silver (\$1,000), Double *Chai* (\$720) and *Chai* (\$360).

Thanks to your generosity, the *Chai* Campaign has helped the congregation balance its budget and continue providing outstanding programs and services to all congregants. The *Chai* Campaign also helps support those congregants who may need financial assistance during the year. Now, more than ever, your support is so important.

As you think about your contribution, consider that this is expected to be the final year of the Tikvat Israel *Chai* Campaign, as all members will set their own total commitment of financial support under the newly adopted membership dues arrangement that will be implemented before the start of fiscal year 2024-25.

Please complete and return the *Chai* Campaign pledge form so that we can remain a vibrant synagogue.

Volunteers Dish Out 150 Dinners at Shepherd's Table

Eleven TI volunteers made a July 31 appearance at Shepherd's Table in downtown Silver Spring, serving dinner to more than 150 clients — men, women and children. This included five congregants participating at the service agency for the first time.

As clients came through the cafeteria line, the volunteers stationed behind the plexiglass-protected counter ladled out the main entree and vegetable, distributed fruit and beverages, helped individuals with disabilities to their tables and washed, dried and put away dishes.

Volunteers left after 2½ hours exhausted but satisfied with the job they had completed.

TI serves dinner at Shepherd's Table on the last Monday of any month that includes a fifth Monday. The next scheduled volunteer date is Oct. 30.



Shepherd's Table volunteers on July 31 included, from left, Anna Levy, Michael Amster, Debbie Amster, Karen Cohen, Ellen Eisner, Ellie Diamond and Ellen Lederman. Not shown: Larry Gorban, Michael Albert, Jayme Sokolow and Sherman Eisner.



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Tikvat Israel owns a section of sites at Judean, with special completion discounts available to members. To reserve your sites please call Aaron Chusid at Tikvat Israel: 301-762-7338.



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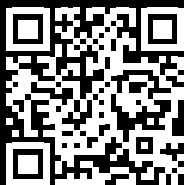
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Capital Campaign Helps Keep Tikvat Israel Cool

BY SAM GILSTON

As the world sweltered during the hottest July in recorded history, Tikvat Israel members and ECC pupils and staff enjoyed being inside a cool building thanks to funds raised by the 2023 Capital Campaign. The early payment of pledges has allowed the congregation to repair or replace air conditioning units in the sanctuary, lobby and social hall.

The HVAC work was just one of several projects that have been financed by the Capital Campaign.

With its repairs completed, the elevator in the education wing has received its official certificate of service and is up to date.

Work is now being planned for the repaving and grading of the driveway that leads to the kitchen in the back of our building. The roadway has been damaged over the years from heavy traffic, while the steep hill above the road causes rain to run down into the building. We've all heard the sump pumps at the rear of the sanctuary loudly churning following heavy rain storms. This work will correct that problem.

Overwhelming congregation support for the Capital Campaign has raised \$539,763 in pledges so far. This was made possible by the generous contributions of many members, but we still need help reaching our \$600,000 goal.

In addition to the money being raised, the campaign is an opportunity for every member of our congregation to participate, with no pledge too small or too large. By making this a total synagogue effort, the Capital Campaign is a reflection of every member's commitment to our synagogue and community.

The work being undertaken with campaign funds underscores the importance of maintaining a permanent reserve fund for inevitable future repairs and equipment replacement. With this fund, the congregation can avoid those emergency events that would otherwise require the imposition of additional assessments on our members. Now we can stay ahead of any facility problem.

If you have already made a pledge, you may have noticed a charge added to your synagogue bill for the payment of part of that pledge. This was merely a bookkeeping measure and does not reflect the payment schedule you may have planned. You can continue to fulfill your pledge at the pace to which you previously committed.

The congregation continues to thank everyone who already has made a pledge and started to honor their pledges with early payments. The success of the Capital Campaign has truly been a community effort and is a symbol of the pride we all feel for our synagogue.

EARLY CHILDHOOD CENTER

New Year Off to a Rousing Start with High Aspirations

BY DEBBIE UNGAR, DIRECTOR, EARLY CHILDHOOD CENTER



The ECC is excited to start the 2023-24 school year. We continue to offer a high-quality child-centered program with flexible hours found at few other schools. Our dedicated, caring staff brings warmth, professionalism and excitement to our program.

We have exciting activities and special programs planned, as well as many new students and families. Sixty students, as of mid-August, are enrolled in six classes.

The children will continue to have morning special activities that add to our educational and child-centered school program. On Mondays, all classes have music with Ellie Schuchman. On Tuesdays, the children participate in Israeli dance with Sharon Geboin Katz.



Students unfold a parachute during a 4th of July celebration at the ECC.

On Wednesdays, Marcie Nadler teaches our pre-kindergarten using an innovative program she created called J-STEM, focusing on science, technology, engineering, and math through a Jewish lens. Marcie serves as a resource for the entire school, highlighting opportunities where STEM and Judaics intersect. On Thursdays, the pre-kindergarten has the opportunity to visit the library. They have story time, and learn how to find books that they can read at home.



Youngsters participate in line dancing at the ECC during a recent Shabbat Sing.

On Fridays, the entire school joins together for “Shabbat Sing” led by Adrienne Suson of Rhythm ‘N’ Ruach. This music program combines Jewish music and rhythm instruments for a wonderful educational and fun experience.

The ECC team is currently working to receive Maryland Accreditation. This voluntary program is for early childhood programs that commit to pursue self-appraisal, program improvement, and external program review to achieve and confirm that they meet the highest quality standards. The entire ECC staff is preparing for the upcoming visit by an evaluator, when we will showcase the excellent program that we have. We are excited to be at the final stage of this process.

We are looking forward to a wonderful year in the ECC. We wish everyone *Shanah Tovah!*

OPEN BOARD MEETINGS

Any member of the congregation is welcome to attend the synagogue’s monthly board meetings that take place typically on the fourth Tuesday evening of each month beginning at 8 p.m. Most meetings take place via Zoom. Only agenda items relating to personnel or litigation are limited to board members.

You can request the meeting link from the synagogue office or from one of the co-presidents, Beth Smith and Sally Kram.

BOARD MEETING RECAPS AVAILABLE UPON REQUEST

Minutes of each Tikvat Israel board of directors meeting are available to members of the congregation, usually a week or two following each meeting. Ask the synagogue office to share a copy with you if interested in seeing what the governing body does at its monthly sessions, which are conducted via Zoom.

When It Comes to Volunteerism, There's an Option for All

Looking for a worthwhile volunteer activity connected with social action?

Tikvat Israel has created a new brochure, under the guidance of board member Amy Sanders, to promote various one-time and ongoing opportunities managed by our members to contribute to *Tikkun Olam*, or healing the world. These projects, featured in the two-sided promotional brochure, benefit organizations around the community.

The volunteer projects address needs in four areas: economic insecurity and vulnerable populations, education, advocacy and community.

Economic Insecurity and Vulnerable Populations

- **Manna Food Center** strives to eliminate hunger through food distribution, education and history. TI collects nonperishable foods year-round. Volunteers sort, pack and distribute food 4-6 times per year. Contact Marilyn Greenwood at marilynrgreenwood@yahoo.com.
- **Potomac Valley Nursing Home:** Enrich the lives of elderly Jews by leading or assisting in abbreviated worship services. Volunteers participate in monthly *Shabbat* services alongside our longtime coordinators and/or pitch in during special High Holidays, *Chanukkah* and Passover programming. Contact Rebecca Salon at rsalon@verizon.net or Jay Goldman at jgoldman@aasa.org.
- **Shepherd's Table** serves the most vulnerable in our community. In any month that has a fifth Monday, TI volunteers serve a hot dinner to the clients who frequent the downtown Silver Spring location. The opportunity to help unhoused and food-insecure individuals happens about four times per year. Contact Sherman Eisner at shermaneisner147@gmail.com.
- **Stepping Stones Shelter** provides wraparound services to unhoused families with children. TI volunteers plan menus and prepare hot dinners 4-6 times per year. Meals are cooked in volunteers' own homes, dropped off at the synagogue on the designated date and delivered to the shelter by program leaders. Contact Ellen Eisner at eisner@comcast.net.



Education

- **Harmony Hills**, an elementary school in Silver Spring where 76 percent of students are eligible for free or reduced price meals, participates in Linkages to Learning to provide homework help, tutoring, translation services and more. TI holds an annual back-to-school supply drive and coat drive and collects gift cards for school families ahead of the holidays. Contact Sandra Sheskin at ssheskin@hotmail.com.

Advocacy

- **SEACHange** (Study, Engage, Act, Change) is a program of JOIN (Jewish Organizing Institute & Network) for Justice that trains congregations to organize and tackle racial injustice within and beyond their communities. TI has joined with several other local congregations and social justice organizations to address issues of racial, economic and social justice. Contact Lynne Benzion at lbenzion@yahoo.com.
- **Jews United For Justice** educates and mobilizes our Jewish community to advance economic, racial and social justice locally and to take action on issue-based campaigns to improve people's lives. Contact Anna Levy at anna_levy@verizon.net.

Community

- **Adopt-a-Road:** Volunteer outdoors for an hour or more to help clean up our neighborhood, mainly the shoulders of Baltimore Road. Contact Stu or Molly Turkewitz at sjturkewitz@yahoo.com or theturks5@yahoo.com.
- **Red Cross Blood Drives:** TI holds multiple blood drives each year. Donate blood or help in other ways, such as staffing the reception table. Contact Robbi Cohen at peezer200@yahoo.com.



Miscellaneous

Beyond the aforementioned projects, there are other volunteer options.

For instance, there is work to be done that could benefit from individual skills. Some projects call for creativity, including cooking, or organizational skills or literacy skills.

Also, some work calls for financial resources, such as small donations of goods or money. Other projects may call for deeper pockets.

In addition, some projects can be done in one hour a month. Some can be done on your own time with no set schedule. Some are of limited duration, while others involve long-term commitments.

If you want to share an idea for a volunteer project involving TI members, contact Sanders at amy.sanders2010@gmail.com.

Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From from 15 *Elul* through 15 *Tishrei*— September 2023

SEPTEMBER 1

15 *ELUL*

Samuel Abramson
Jacob Berman
Chaya Karmel
William Schaechter
Daniel Shaz
Abraham Simon

SEPTEMBER 2

16 *ELUL*

Jack I. Karlin
Jack Keilsohn
Lorraine Rayden
Barbara Krieger Teller

SEPTEMBER 3

17 *ELUL*

Anna Esther Askow
Jacob Hershbaum
Dr. Sondra Levin
Robert M. Minkoff
Edith Scherer
Julius Seligman
Bertha Smith
Hilda Starr
Alexander Stolovy
Jacob Teller

SEPTEMBER 4

18 *ELUL*

Bernice Grossman
Evelyn Flax Mirmelstein
David Pearl
Irene Wexler

SEPTEMBER 5

19 *ELUL*

Anna Esther Askow
Sanford Belkin
Louis Chernoff
Abraham Hamburg
Meyer J. Levin
Lamar Miller
Morris Rosenthal

SEPTEMBER 6

20 *ELUL*

Mollie Berly Lipofsky
Mildred Sterman
Mayer Zlotnick

SEPTEMBER 7

21 *ELUL*

Lew Cyrulnik
Leah Mayer
Fannie Rosen
Irwin Marvin Towers

SEPTEMBER 8

22 *ELUL*

Edward Chait
Mary Kessler
Neil Newman
Hyman Pachenker
Arthur H. Yedwab

SEPTEMBER 9

23 *ELUL*

Leon Altschuler
Chassa Freda Chait
Clara Phillips
Minnie Polansky
Naomi J. Rappaport
Scott J. Rappaport
Aaron Segal
Robert Solomon

SEPTEMBER 10

24 *ELUL*

Alice Abramson
George Becker
Jennie Derene
Sara Goldman
Tillye Weintraub

SEPTEMBER 11

25 *ELUL*

Lillian Berman
Jack Feigin
Eva Mae Futrovsky
Paul Herman
Hilda Hoffman
Clara Lichter
Fred Meyers
Diane Soldano
Rosemary Stoll

SEPTEMBER 12

26 *ELUL*

Donald Andrews
Rebecca Harrison
Pearl Kaplan
Sadie Polikoff Levy
David Sakoff
Sheldon Small

SEPTEMBER 13

27 *ELUL*

Barbara Cohen
Chaim Mandel
Gerda Tuchler

SEPTEMBER 14

28 *ELUL*

Sidney Berman
Bette Bronstein
Dorothy Marder
David Morris

SEPTEMBER 15

29 *ELUL*

James W. Church
Rose Hein

SEPTEMBER 16

1 *TISHREI*

Rae Axelrod
Melvin Banks
Janet Kabik
Lena Leise
Ruth Plafker
Margaret Schreiber

SEPTEMBER 17

2 *TISHREI*

Michael P. Rappaport

SEPTEMBER 18

3 *TISHREI*

Gertrude Appel
Samuel Gorelick
Anna Georgia Schneider
Solomon Shapiro
Jeffrey Weiss

SEPTEMBER 19

4 *TISHREI*

Max Apt
Irwin Krakaur
Samuel Meyers
Isadore Parzow
Charles Rom
George Simball
Esther Stanhill
Estelle Waxman

SEPTEMBER 20

5 *TISHREI*

William Horwitz
Ernest Jennes
Sanford Starobin
Isaac Meir Sterling

SEPTEMBER 21

6 *TISHREI*

Sidney Adler
Lena Cohen
Fay Halpern
Morris Ridberg
George Sharlot

SEPTEMBER 22

7 *TISHREI*

Sidney Bender
Fanny Chelemer
Steve Eisenberg
Sarah Goldstein
Jennie Lavine
Harold Saldinger

SEPTEMBER 23

8 *TISHREI*

Carl Berger
Libby Cohen
Alvin Feinsilber
Joseph David Fertel
Louise Goldstein
Leo David Kronzek
Ray Shapiro

SEPTEMBER 24

9 *TISHREI*

Rose Friedman
Robert Grossman
Melvin Jackson
Mildred Meltzer
Albert Mukasey
Bernard Newman
Gertrude Hirsch Reiner
Kalman Roey
David Shetzlich
Renee Tropp
Tobie Waxler

SEPTEMBER 25

10 *TISHREI*

Leila Dunsmore
Michael Goldstein
Selma Jackson
Tov Yehuda Jaffe
Robert Katz
Claire Lellouche
Moise Lellouche
David Lieberman
Miriam Ludwinowitz
Maurice Pressman
Ethel Schneider

SEPTEMBER 26

11 *TISHREI*

Shirley Allen
David Chefer
Michele Eisenberg

SEPTEMBER 27

12 *TISHREI*

Marion Bauman
Lena Brittner
Tillie Jarcho
Alex Kreisman
Doris Warren

SEPTEMBER 28

13 *TISHREI*

Laurel Anchors
Rose Freedman
Lewis Godfrey
Irene Kline
Fred S. Zusman

SEPTEMBER 29

14 *TISHREI*

Stanley First
Edward Fishman
Albert Freed
Saul B. Friedman
Ada Jacobs
Marie Lebowitz
Manny Senzer

SEPTEMBER 30

15 *TISHREI*

Arthur Finstein
Charles Goldman
Maurice Kahn
Paul Kerman
Hannah Dinah Scolnik



Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From from 16 *Tishrei* through 16 *Cheshvan* — October 2023

OCTOBER 1

16 *TISHREI*

Alexander Beck
Eleanor Berman
Pauline Kram
Ita Vainer
Carl Zebooker

OCTOBER 2

17 *TISHREI*

Belle Beck
Edith Raphaelson Botkin
Felix Eichtersheimer
William H. Glater
Noach Hoffman
Lawrence Morrison
Robert Oakley
Avshalom Saadian
Aaron Stein
Harry West

OCTOBER 3

18 *TISHREI*

Herman Iskow
Dena Leep
Barbara Ann Schecter

OCTOBER 4

19 *TISHREI*

Lillian Bloom
Ruth Gordon
John Mandel
Stan Smith
Ivan Tempchin

OCTOBER 5

20 *TISHREI*

Samuel Danoff
Muriel Joy Horowitz
Celia Kornhauser
Edward John Urban

OCTOBER 6

21 *TISHREI*

David Fineman
Charles Futrovsky
Lena Moskowitz
Rosalie Peck
Bea Solomon
Benny Waxman

OCTOBER 7

22 *TISHREI*

Julius Auerbach
Sidney Bannor
Harry Berlin
Rose Fragin
Moshe Gordon
Tzipa Gordon
Robert M. Grossmann
Rae Caplan Mensh
Alvin Solomon

OCTOBER 8

23 *TISHREI*

Miriam Lichter Block
Albert Copaken
Lilly Greifinger
Janice Kirschenbaum
Philip Marco
Sylvia Rosenhaft

OCTOBER 9

24 *TISHREI*

Benson B. Kessler
Henry Meyers
Clinton Newman
Leonard Teitelbaum
Max Winter

OCTOBER 10

25 *TISHREI*

Adolph Berger
Samuel J. Feldman
Benjamin Gorfine
Esther Kobot
Harry Koeppel
Max Seiler

OCTOBER 11

26 *TISHREI*

Jeanne Bowen
Adel Erdman
Muriel Mickey Goldstein
Max Shulman
Linda Yun

OCTOBER 12

27 *TISHREI*

Maurice Becker
Abraham Kaplan
Carole Klein
Yetta Yanoff

OCTOBER 13

28 *TISHREI*

Lorraine Aronson
Cille Ridberg
Alex Silbert
Grace Turkewitz

OCTOBER 14

29 *TISHREI*

Norbert Eckstein
Benito Pazo

OCTOBER 15

30 *TISHREI*

Maurice Berk
Naomi Cohen Berman
Alan Eisenberg
Jerome Seiler
Sandra Beverly Shore
Phillip Edward Sokol
Ida Spector
Kenneth Bradley Urban
Alexander S. Zelenka

OCTOBER 16

1 *CHESHVAN*

Evelyn Berlin
Robert W. Birrell
Esther Feller
Karen Hirsch-Harari

OCTOBER 17

2 *CHESHVAN*

Claire Licht
Fanny Raucher
Jacob Shedroff
Louis Steiner
Abraham Tempchin

OCTOBER 18

3 *CHESHVAN*

Nathan Beck
Morris Fine
Alice Levin
Dorothy Low
William Nussbaum
Eugene Schwartz
Franklin Yasmer

OCTOBER 19

4 *CHESHVAN*

Jerry J. Brown
Paul Kasper
Marvin Podgor
Louis Sandler

OCTOBER 20

5 *CHESHVAN*

Jacob Armoza

OCTOBER 21

6 *CHESHVAN*

Samuel Einbinder
Samantha Jane Kessler
Jeanette Meyers
Naomi Rothstein
Arthur Spanier

OCTOBER 22

7 *CHESHVAN*

Geraldine Braunstein
Philip Bress
Robert Jarcho
Philip Phillips

OCTOBER 23

8 *CHESHVAN*

Michael Bailey
Alexander Ben Ami
Phyllis Berger
Lena Gantz
Dorothy Glaser
Jacques Kahn
Mary Seslan

OCTOBER 24

9 *CHESHVAN*

Daniel E. Berlyne
Mae Bernstein
Lester Earl Cohen
Sylvia Gorban
Carol Krakaur
Judy Lerman
Leon Morrison
Lee Rosen
Julia Rosenlicht
David Norman Shedroff
Dora A. Thaler

OCTOBER 25

10 *CHESHVAN*

Max Hirschman
Abraham Krugman
Bernard Levitt
Clara Reinhardt

OCTOBER 26

11 *CHESHVAN*

Arthur Aronson
Margit S. Elkins
Eva Epstein
Harry Gordon
Jacqueline Harris
Ruth Levinstein
Menachem Lidert
Belle Meyers
Benjamin Raucher
Irving Shantz

OCTOBER 27

12 *CHESHVAN*

Irving Allen
Bertha Gudelsky
David Kline
Renata Lidert
Nancy Kanow Simpson

OCTOBER 28

13 *CHESHVAN*

Dora Fraeman
Morris Hanig
Clara Kandalis
Rose Kaplan
Ruth Nagelbush
Anne K. Robinson
Solomon Zeidman

OCTOBER 29

14 *CHESHVAN*

Lester Finkelstein
Mollie Ginberg
Bessie Helzner
Anna Marmor
Jacob Marmor
Morton Aaron Rosen
Benjamin Saperstein

OCTOBER 30

15 *CHESHVAN*

Nathan Askow
Arthur Henry Bowen
Lorraine Fried Gelula
Louis Kornhauser
Rose Krepchin
Rose Rosenbloom
Sadie Steckler

OCTOBER 31

16 *CHESHVAN*

Harry Kensky
Morry Nisenson
Danny Presman

Donations

The congregation gratefully acknowledges the following donations to the various funds of Tikvat Israel. The donor lists that follow reflect gifts received at the synagogue in June and July. If your donation during this time does not appear in the list, or if there is an error in the listing, please contact the synagogue office at 301-762-7338.

Yahrzeit Donations

In memory of...

Dorothy Adelman by Barbara Katz
Barnett Bauman by Wendy Bauman
Morris Bauman by Wendy Bauman
Clinton Berger by Suzanne Boden
William Berger by Suzanne Boden

Adele Boden by Suzanne Boden
Beatrice Chait by Marlene Chait
Philip Chelemer by Carol Chelemer
Hyman Cohen by Henrietta Asen
Rubin Cohen by Roslyn Levy Godfrey

Jeanne Claire Godley-Davis by Albert
Godley-Davis
Irving Edelman by Myrna Wagman
Raymond Eldredge by Annie and Joel
Kahn
Hertha Ermann by Phylis and Danny
Ermann
Siegfried Ermann by Phylis and Danny
Ermann

Anna Edith Feinmark by Elaine and Micah
Krichevsky
Ina Sherri Fineman by Aaron Fineman
Morris Fineman by Aaron Fineman
Ben Finkelstein by James and Maxine
Perlmutter
Trudy Finstein by Barbara and Joel Kristal

Jennie Fischer by Joyce Fischer
Anna Friedman by Sonia Friedman
Ben Friedman by Sally Friedman
Leo Friedman by Sonia Friedman
Bernice Gateman by Roberta and Larry
Cohen

Gussie Glaser by Joan Weiss
Esther Goldberg by Nancy Goldberg and
Bryan Benesch
Grace Goldberg by Nancy Goldberg and
Bryan Benesch
Toby Gorschman by Sylvia Pachenker
Joseph Greenfield by Sandra and Larry
Levine

Rubin Harris by Sara Harris
Philip and Annette Hershenthorn by Linda
and Edward Silverstein
Selma Jackson by Ellen and Mark Diamond
Claire Kahn by Annie and Joel Kahn
Edith Kaplan by Sandy and Ira Broadman

Itzhaki Kaplan by Mimi and Allan Meltzer
Max Katz by Madeline and Jose Guzman
and family
S. Barbara Katz by Sheryl and Howard
Katz

Yahrzeit Donations continued)

In memory of...

Judith A. Kessler by Susan and Alan Apter
Joseph Krichevsky by Elaine and Micah
Krichevsky

Joshua Laken by Sharon and Barry Laken
Irvin Lavine by Neal Kravitz
Robert Lerner by Robert Stutz
Carrie Levy by Roslyn Levy Godfrey
Milton Levy by Roslyn Levy Godfrey

Paul Ludwin by Stephen Raucher
Frieda Mendelson by Lillian Tauber
Phyllis Menduke by Judith and Paul
Schwartz

Dorothy Pearl by Denise Kanuck
Benjamin Reinhardt by Nancy Goldberg
and Bryan Benesch

Adolf Rosenberg by David Gorman and
Janice Rosenberg
Anne Dena Rosenberg by David Gorman
and Janice Rosenberg

Leon Rosenberg by David Gorman and
Janice Rosenberg
Rose Saldinger by Ellen and Richard
Lederman
Lena Sandler by David Gorman and Janice
Rosenberg

Sylvia and Maurice Schottenfeld by
Roberta Steiner
Sol Schwartz by Judith and Paul Schwartz
Robert Shamaskin by Barbara Katz
Marian Sheskin by Sandra and Eugene
Sheskin
Abraham Silverstein by Linda and Edward
Silverstein

Molly Silverstein by Linda and Edward
Silverstein
Mordko Smolar by Naomi and Harvey
Kaplan
Rabbi Leivy Smolar by Naomi and Harvey
Kaplan
Bess Snyder by David Gorman and Janice
Rosenberg
Simon Straussman by Sally Friedman

Jacob Sweet by Ellen Sweet and Irvin
Gutman
Pearl Zipin Tubiash by Anna Tubiash Levy
Michael Tuchler by Edna and Daniel Breit
Richard Volin by Ann Ruth and Rudolph
Volin
Evalyn Waldman by Judith and Marvin
Waldman

Bereavement Committee

In memory of Dick Stein by Ronald Rabin
In memory of Etta Kessler by Esther and
Paul Bardack
In memory of Sanford Count by Marilyn
and Michael Greenwood

Cantor's Program Fund

In honor of Elisa Nye on her special birthday
by Marilyn and Michael Greenwood
In honor of Fortuna and Steve Scheige on
their 50th wedding anniversary by Judith
and Marvin Waldman
In memory of Renee Thaler by Barbara and
David Thaler

Cowan Torah Club

In memory of Bonnie Cowan by Ted and
Roz Kram
In memory of Bonnie Cowan by Diane
Gardsbane and Paul Sully

General Fund

In honor of Janice Balin by Eric and
Janeane Marks
In honor of Janice Balin by Linda and
Edward Silverstein
In honor of Fortuna and Steve Scheige on
their 50th Anniversary by Sara Harris
In honor of Sue and Howard Wilchins'
grandchildren by R. Beth Rosenthal

In memory of Dorothy Adelman by the
Center of Lifelong Learning of Leisure
World LTD
In memory of Dorothy Adelman by City of
Danville Dept. of Transportation
In memory of Sara Itzhaki Kaplan by
Nancy and Jonathan Solomon
In memory of Sara Itzhaki Kaplan by Hilda
Springer

In memory of Etta Kessler

by the Adelman/Schneider Family
by Elyse and Jeffrey Bernstein
by Brenda and Keith Brooks
by Sheri A. Brown
by Carol Chelemer
by Betty and Clifford Fishman
by Rebecca Salon and Jay Goldman
by Bobbi and Larry Gorban
by Sara Harris
by Ted and Roz Kram
by Mimi and Allan Meltzer
by Nancy and Jonathan Solomon
by Anne and Bill Thomas

Continued on page 21

TIKVAT ISRAEL SEPTEMBER-OCTOBER 2023

GENERAL FUND (continued)

In memory of Marvin Schneider by Marc Schneider and Martie Adelman
In memory of Peggy Wilchins by Sue and Howard Wilchins

In memory of Renee Thaler

by Nancy and Jonathan Solomon
by Hilda Springer
by Diane Gardsbane and Paul Sully

Wishing *mazel tov* to Steven and Fortuna Scheige on 50 years of marriage, by Nancy and Jonathan Solomon

Wishing a *refuah shlemah* to Rita Kleinman by the Adelman/Schneider Family

KIDDUSH FUND

In appreciation of Tikvat Israel's new board of directors by Susan and Alan Apter
In honor of Janice Balin by the Center of Lifelong Learning of Leisure World LTD

Wishing *mazel tov* to Steve and Fortuna Scheige on their 50th anniversary by Karen and Michael Cohen

RABBI'S FUND

In honor of Warren Berger's extraordinary service to our community by Ziva and Gerald Schuchman

In honor of Mark and Ellie Diamond's granddaughter Anna's *bat mitzvah* by Robert and Janice Balin

RABBI'S FUND (continued)

In honor of the remarriage and *ketubah* signing ceremony of Monica Meyer and Rob Podolsky by Barbara and Steven Gendel
In honor of Fortuna and Steve Scheige's 50th anniversary by Robert and Janice Balin

In honor of Fortuna and Steve Scheige's 50th wedding anniversary, and for their friendship, by Suzy and Sol Levy

In memory of Dorothy Adelman by Stacey and Warren Bilker

In memory of Abram Berlin by Sandra and Larry Levine

In memory of Thelma and Harold Gorin by Howard Gorin

In memory of Sara Itzhaki Kaplan by Sara Harris

In memory of Etta Kessler

by Robert and Janice Balin
by Ellen and Mark Diamond
by Bruce Goldin

In memory of Renee Thaler by Barbara and David Thaler

Wishing a *refuah shlemah* to Abbey Frank by Bobbi and Larry Gorban

TZEDAKAH FUND

In honor of Betty and Clifford Fishman's 55th wedding anniversary by Jeannette Eisler
In memory of Etta Kessler by Anna Levy
In memory of Etta Kessler by Amy and Daniel Matathias

WOMEN'S NETWORK

In honor of Janice Balin by Ellen and Mark Diamond

Wishing *mazel tov* to Bobbi and Larry Gorban on their anniversary by Anna Robbins

Wishing *mazel tov* to Fortuna and Steve Scheige on their 50th anniversary by Anna Robbins

In memory of Dorothy Adelman by the Sideris/Chabot Family

In memory of Etta Kessler by Danny Bachman and Debby Berlyne

In memory of Etta Kessler by Barbara Katz

PERSONAL SUPPORT HOTLINE

The Jewish Community Support Line is available for anyone in the Washington, D.C., area who feels overwhelmed and uncertain about options for support. Call 703-J-CARING.

The support line is a partnership between the Jewish Federation of Greater Washington, Jewish Social Services Agency and a network of human service organizations.

For additional information, visit the JSSA website at <https://www.jssa.org/jcaring/>.




SEPTEMBER 2023



SUN	MON	TUE	WED	THU	FRI	SAT
3 17 Elul 9:00 AM Minyan 7:30 PM Minyan	4 18 Elul 7:15 AM Minyan 7:30 PM Minyan 🇺🇸 Labor Day *TI Office & ECC Closed*	5 19 Elul 8:00 AM Minyan 7:30 PM Minyan	6 20 Elul 8:00 AM Minyan 7:30 PM Minyan 8:15 PM High Holiday Music Prep	7 21 Elul 7:15 AM Minyan 7:30 PM Minyan	8 22 Elul 8:00 AM Minyan 6:00 PM Kabbalat Shabbat 7:10 PM Candle Lighting	9 23 Elul 9:30 AM Preliminary Service 9:45 AM Shabbat Services (Parashat Nitzavim-Vayelech) 11:15 AM Torah Club 8:07 PM Havdalah 8:30 PM Selichot
10 24 Elul 9:00 AM Minyan 10:00 AM Sukkah Build 2:00 PM Kever Avot Memorial Service (Garden of Remembrance) 5:00 PM Welcome Back BBQ 7:30 PM Minyan	11 25 Elul 7:15 AM Minyan 7:30 PM Minyan	12 26 Elul 8:00 AM Minyan 7:30 PM Minyan	13 27 Elul 8:00 AM Minyan 7:30 PM Minyan	14 28 Elul 7:15 AM Minyan 7:30 PM Minyan	15 29 Elul 8:00 AM Minyan 4:00 PM The Blast DC 6:30 PM Erev Rosh Hashanah Services 6:59 PM Candle Lighting 🍎 Erev Rosh Hashanah *ECC Closed*	16 1 Tishrei 9:30 AM Rosh Hashanah Services 6:30 PM Mincha/Maariv 7:57 PM Candle Lighting 🍎 Rosh Hashanah
17 2 Tishrei 9:30 AM Rosh Hashanah Services 10:15 AM Family Services 11:00 AM Shofar Service 5:00 Public Shofar Blowing 5:30 PM Mincha 6:15 PM Tashlich 7:00 PM Cider and Donuts 8:00 PM Maariv and Havdalah 🍎 Rosh Hashanah	18 3 Tishrei 5:32 AM Fast Begins 7:15 AM Minyan 7:30 PM Minyan 7:45 PM Fast Ends 🌟 Tzom Gedaliah	19 4 Tishrei 8:00 AM Minyan 7:30 PM Minyan	20 5 Tishrei 8:00 AM Minyan 7:30 PM Minyan 8:00 PM Women's Network Book Group	21 6 Tishrei 7:15 AM Minyan 7:30 PM Minyan	22 7 Tishrei 8:00 AM Minyan 6:00 PM Kabbalat Shabbat 6:47 PM Candle Lighting	23 8 Tishrei 9:30 AM Preliminary Service 9:45 AM Shabbat Services (Parashat Ha'Azinu) 10:30 AM Torah Club 7:46 PM Havdalah
24 9 Tishrei 9:00 AM Minyan 10:30 AM Kever Avot Memorial Service (Judean Memorial Gardens) 6:30 PM Kol Nidre 6:44 PM Candle Lighting 🌟 Erev Yom Kippur	25 10 Tishrei 9:30 AM Services Begin 2:00 PM Public Vitzkor 1:30-4:30 PM Study Sessions 4:30 PM Mincha w/Vitzkor, Nallah 7:35 Maariv & Havdalah 7:45 PM Shofar 🌟 Yom Kippur *TI Office & ECC Closed*	26 11 Tishrei 8:00 AM Minyan 7:30 PM Minyan	27 12 Tishrei 8:00 AM Minyan 7:30 PM Minyan	28 13 Tishrei 7:15 AM Minyan 7:30 PM Minyan	29 14 Tishrei 8:00 AM Minyan 6:00 PM Erev Sukkot Services 6:36 PM Candle Lighting 🌟 Erev Sukkot	30 15 Tishrei 9:30 AM Preliminary Service 9:45 AM Sukkot & Shabbat Services 7:35 PM Candle Lighting 🌟 Sukkot

All events subject to change. Please read *B'kesher* for the latest status.

OCTOBER 2023

	SUN	MON	TUE	WED	THU	FRI	SAT	
1	16 Tishrei 9:30 AM Preliminary Service 10:00 AM Sukkot Service 7:30 PM Minyan 7:33 Havdalah Sukkot	17 Tishrei 3 7:15 AM Minyan 7:30 PM Minyan Sukkot (Chol HaMoed)	18 Tishrei 4 8:00 AM Minyan 6:00 PM Congregation Sukkot Dinner 7:30 PM Minyan Sukkot (Chol HaMoed)	19 Tishrei 5 8:00 AM Minyan 7:30 PM Minyan Sukkot (Chol HaMoed)	20 Tishrei 6 7:15 AM Minyan 7:30 PM Minyan Sukkot (Chol HaMoed)	21 Tishrei 7 8:00 AM Minyan 6:00 PM Kabbalat Shabbat 6:25 PM Candle Lighting Sukkot (Hoshana Raba)	22 Tishrei 8 9:30 AM Preliminary Service 9:45 AM Shabbat Services 7:24 PM Havdalah 7:30 PM Service Shmini Atzeret	
8	23 Tishrei 9:30AM Service Noon Luncheon 7:22 Havdalah 7:30 PM Minyan Simchat Torah	24 Tishrei 9 7:15 AM Minyan 7:30 PM Minyan Sukkot (Chol HaMoed)	25 Tishrei 10 8:00 AM Minyan 7:30 PM Minyan Sukkot (Chol HaMoed)	26 Tishrei 11 8:00 AM Minyan 7:30 PM Minyan Sukkot (Chol HaMoed)	27 Tishrei 12 7:15 AM Minyan 7:30 PM Minyan Sukkot (Chol HaMoed)	28 Tishrei 13 8:00 AM Minyan 6:00 PM Kabbalat Shabbat 6:14 PM Candle Lighting	29 Tishrei 14 9:30 AM Preliminary Service 9:45 AM Shabbat Services (Parashat Bereshit) 11:15 AM Torah Club 7:13 PM Havdalah	
15	30 Tishrei 9:00 AM Minyan 7:30 PM Minyan Rosh Chodesh Cheshvan	1 Cheshvan 16 7:15 AM Minyan 7:30 PM Minyan Rosh Chodesh Cheshvan	2 Cheshvan 17 8:00 AM Minyan 7:30 PM Minyan Meeting	3 Cheshvan 18 8:00 AM Minyan 7:30 PM Minyan	4 Cheshvan 19 7:15 AM Minyan 7:30 PM Minyan	5 Cheshvan 20 8:00 AM Minyan 6:00 PM Kabbalat Shabbat 6:04 PM Candle Lighting	6 Cheshvan 21 9:30 AM Preliminary Service 9:45 AM Shabbat Services (Parashat Noach) 7:04 PM Havdalah	
22	7 Cheshvan 9:00 AM Minyan 7:30 PM Minyan	8 Cheshvan 23 7:15 AM Minyan 7:30 PM Minyan	9 Cheshvan 24 8:00 AM Minyan 7:30 PM Minyan 8:00 PM Board Meeting	10 Cheshvan 25 8:00 AM Minyan 7:30 PM Minyan	11 Cheshvan 26 7:15 AM Minyan 7:30 PM Minyan	12 Cheshvan 27 8:00 AM Minyan 6:00 PM Kabbalat Shabbat 5:55 PM Candle Lighting	13 Cheshvan 28 9:30 AM Preliminary Service 9:45 AM Shabbat Services (Parashat Lech Lecha) 10:30 AM Torah Club 6:54 PM Havdalah	
29	14 Cheshvan 9:00 AM Minyan 7:30 PM Minyan	15 Cheshvan 30 7:15 AM Minyan 7:30 PM Minyan	16 Cheshvan 31 8:00 AM Minyan 7:30 PM Minyan					<p>All events subject to change. Please read B'kesher for the latest status.</p>



Tikvat Israel Congregation

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Rockville, MD 20851

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Three Memoirs Picked for Book Discussions

A range of five published works, including three memoirs, have been selected through a congregational vote for the Women’s Network Book Group in 2023-24.

Here’s the schedule of discussions, which will take place largely on Zoom, except where noted. These are open to all women teen-aged and older affiliated with Tikvat Israel.

Wednesday, Sept. 20, 8 p.m. - *Kantika* by Elizabeth Graver

Wednesday, Nov. 29, 8 p.m. - *If All the Seas Were Ink* by Ilana Kurshan

Wednesday, Jan. 17, 8 p.m. - *One Hundred Saturdays* by Michael Frank

Sunday, April 14, 10:30 a.m. in person at TI - *The Postcard* by Anne Berest

Sunday, June 2, 10:30 a.m. in person at TI - *Out of Egypt* by Andre Aciman

Volunteer facilitators are being sought to serve as discussion leader for several of these books. Contact Susan Apter at apter4@gmail.com.

A summary of the five books can be found at https://bit.ly/TI_books



These five books were picked for discussion by Women’s Network members in 2023-24.